

# MAHARISHI VIDYA MANDIR



(A UNIT OF CHENNAI MAHARISHI VIDYA MANDIR GROUP OF SCHOOLS)

# MVM PONDY CHRONICLE



# **SCHOOL MOTTO**

Knowledge is Structured in Consciousness means consciousness constitutes knowledge...

"If we want complete knowledge we should have a state of consciousness which is most comprehensive. The expanded, unbounded state of consciousness should be established and then on the basis, whatever knowledge is gained will be true and complete. Because that non changing field of pure consciousness does not change as it is unbounded. Knowledge will always be complete, comprehensive and non-changing. Then, the knowledge will be true. Truth is that, which never changes. Only incomplete knowledge changes. Complete, decisive, full knowledge gained on the level of pure consciousness never changes. This is what we aim at when we say: "Knowledge is structured in Consciousness".



Maharishi Vidya Mandir stimulates a safe learning environment with innovative and responsive teaching thereby aspiring for academic excellence and holistic growth. The school makes the students lifelong learners, ensure their total brain functioning and enable them to unfold their full creative potential to enjoy healthy, happy and successful lives.



The School strives to improve the performance of the students every year in such a way that at least 40% of the students get into high profile institutions and other reputed institutions. It ensures to improve the students' physical and mental health through physical fitness programmes. Transcendental Meditation, Yoga and pranayama make the learning environment happy and peaceful.



# HIS HOLINESS MAHARISHI MAHESH YOGI

# OUR FOUNDER THE BEACON LIGHT OF THE HIMALAYAS

His Holiness Maharishi Mahesh Yogi is the founder of Transcendental Meditation (TM) tech nique. His name is indispensable in the field of Conscious ness and Vedic Science. A devoted and devout disciple of His Divinity Swami Brahmananda Saraswati, the then Shankaracharya of Jyotir Math, Maharishi Ji wanted to spread the knowledge gained from his Master all over the world to improve the quality of life of people.

1955, Maharishi Ji began offering to the world the quintessence of this time-

less wisdom of Vedic Science and TM by starting the Spiritual Regeneration Movement in Madras, India. The simple, natural, scientifically validated technique of Transcendental Meditation allows anyone to experience and utilize the source of infinite intelligence and creativity within - the field of pure consciousness.

In order to spread his teachings Maharishi Ji worked with scientists, educators, and exponents of Vedic wisdom to develop an integrated approach to knowledge, unifying diverse fields of study. He authored many books and circled the world numerous times, speaking with world leaders and lecturing widely.

Maharishi Ji brought about fulfilment to the field of Education. He also introduced the TM- Sidhi and Yogic Flying Program which are advanced courses of Transcendental Meditation, and revived other aspects of the Vedas, such as Ayurveda, Sthapatya Veda, Vedic Education, Yagya and Jyotish and made them available to the world in a practical and applied form. Maharishi Ji's contribution to Spiritual Regeneration and Vedic Revival is unique and unprecedented.

"All that we are is the result of what we have thought. The mind is everything what we think, we become"

- His Holiness Maharishi Mahesh Yogi

# PRINCIPAL'S MESSAGE

Dear MVMP Chronicle Readers.

As we reflect on the last three transformative years at Maharishi Vidya Mandir, Puducherry, it fills my heart with immense pride to witness the incredible journey we've undertaken together. Since our establishment in 2020 with the advent of online classes, our school has blossomed into a thriving community.

From a humble beginning, our school has grown exponentially, now boasting a student strength of 670. This remarkable achievement is a testament to the dedication and hard work of our students, supportive parents, and the tireless efforts of our devoted faculty.

Our school magazine, the MVMP Chronicle, has diligently chronicled the countless activities that have unfolded within our school walls. From academic milestones to extracurricular triumphs, the Chronicle has been a beacon of our collective success.

Teachers, the backbone of our institution, have consistently demonstrated unwavering commitment to shaping young minds. Their contributions, both in and out of the classroom, have played a pivotal role in fostering a nurturing learning environment.

Looking ahead, we are excited to announce the upcoming addition of a new block tailored for our KG kids, ensuring a conducive and joyful space for their early learning years. This expansion reflects our commitment to providing the best educational experience for every child at Maharishi Vidya Mandir.

As we stride into the future, let the MVMP Chronicle continue to illuminate the remarkable journey of our students, the invaluable contributions of our teachers, and the collective achievements that define our school's spirit.

JAYAGANAPATHY.E PRINCIPAL

# **MVM** Profile

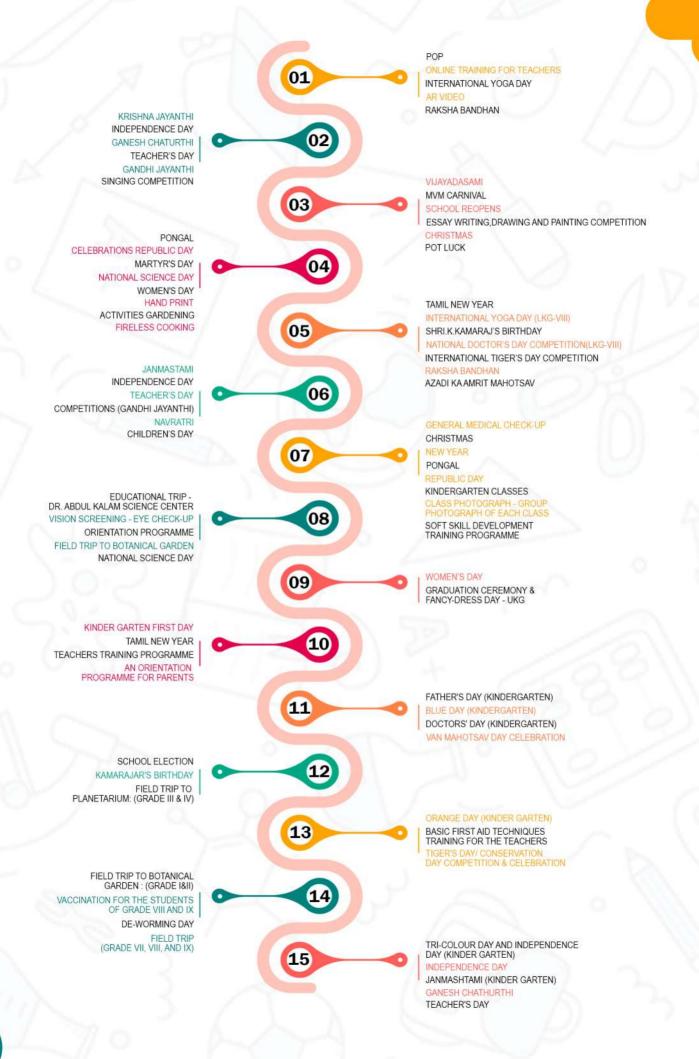
Maharishi Vidya Mandir in Puducherry, established in 2020 amidst the challenges of the Covid era, embarked on its journey with a commitment to provide a unique blend of traditional and spiritual education infused with modern methodologies. Following the principles set forth by His Highness Maharishi Mahesh Yogi, the institution aims to nurture holistic development in students.

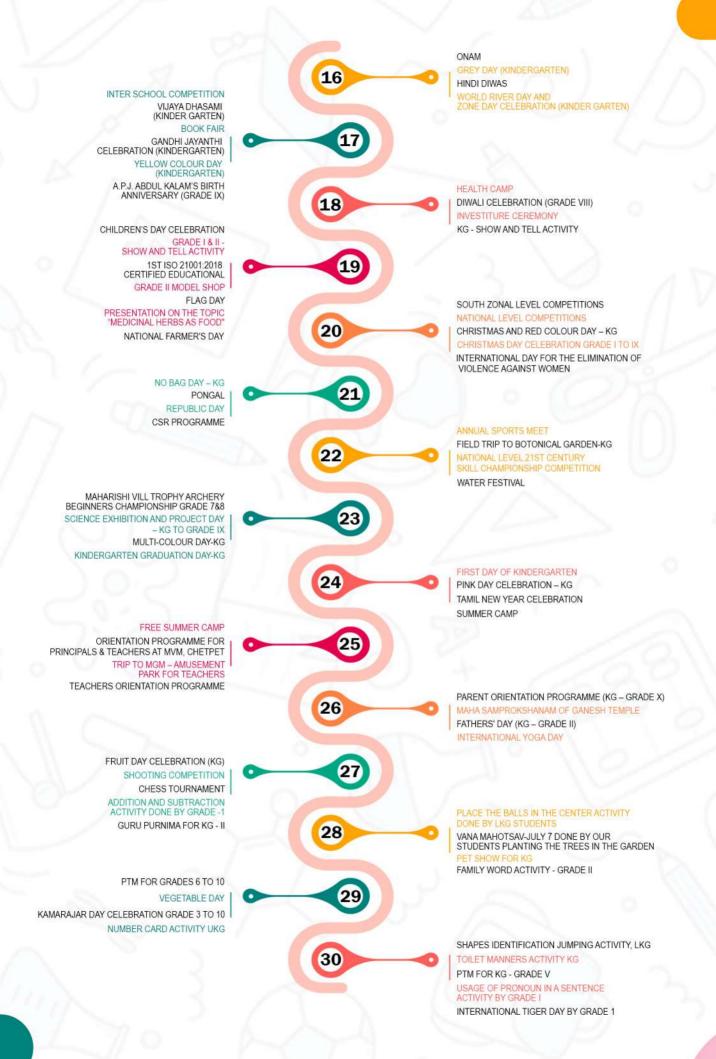
With its headquarters situated in Chennai Chetpet, Maharishi Vidya Mandir ensures that its faculty members are equipped with the latest teaching methodologies, including regular training sessions on transcendental meditation and value-based education. This commitment to professional development enables teachers to nurture the intellectual, emotional, and spiritual growth of their students effectively. In a short span, Maharishi Vidya Mandir obtained affiliation with the CBSE board, enabling it to offer Secondary education in 2021 and Senior Secondary classes in 2023. Remarkably, students have excelled not only academically but also in sports, earning numerous accolades and meritorious sportsperson certificates.

As part of the Carte Blanche program, the school provides unique opportunities for students to broaden their horizons through immersive learning experiences. With the support and blessings of the community, the school's inaugural batch of grade X students is poised to undertake their maiden board exams, poised to bring laurels to the institution.

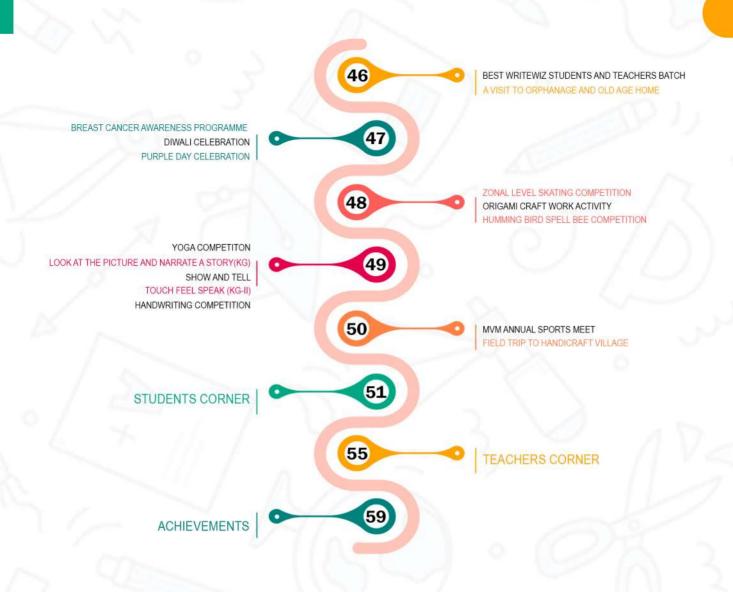
As Maharishi Vidya Mandir prepares to venture into Senior Secondary education in the upcoming academic year, the school earnestly seeks continued support and encouragement to uphold its commitment to excellence in education. Thank you for your unwavering support on this journey of growth and learning.













# YEAR:2020-21

# POP

Maharishi Vidya Mandir, a renowned group in education with schools in sixteen states of India conducted an orientation program for the parents of the newly admitted students in M.V.M Puducherry on 15th March 2020. Mrs. Premalatha Bhoopathy, the Chief Educational Officer M.V.M Chennai, apprised the parents with the school's admission process, usage of latest technologies and classroom activities. The CEO also elucidated Maharishi Mahesh Yogi's consciousness based education. This has been practiced, and implemented successfully by many scientific research studies in India and abroad. This educational style offers several advantages, including enhanced intelligence use, brain wave functioning, guicker learning and reaction times, coherent mental processes, extended knowledge retention and better health. Transcendental meditation and yoga are practices that all students are engaged to achieve harmony and a connection between the mind, body, and consciousness. With the conventional information provided for professional abilities, will assist the students to follow the laws of nature for a better personal life with minimal stress and tension. According to Mrs. Premalatha, this practice enables the pupil to live strain-free life and easily fulfil their goals. As she welcomed the parents, Mrs. Prema, a member of the school management committee, expressed her beliefs that parents can take the responsibility of being a personal teacher for their children at home. Parents will be well-informed about the classroom events and their child's performance. The parents will have a better understanding of the practices used in the classroom. The event was also accompanied by the educational partners of MVM Pondy. Mr. N Madhusudan, the school principal, stated that the upcoming school events and program will create a good understanding between the school and the parents. The program was concluded with the expression of gratitude to the parents for their participation and contribution towards school success.



# **ONLINE TRAINING FOR TEACHERS**

The teachers were prepared to welcome the students on campus. Because of some unanticipated circumstances that made it difficult to begin normal work as planned, we elected to focus on training the teachers who were recruited for our school, particularly on the use of digital technology in the teaching and learning process. Because of the Covid-19 outbreak, we decided to remain with the online training classes that various organisations were providing.

# **INTERNATIONAL YOGA DAY**

On June 21, 2020, we marked International Yoga Day in accordance with COVID 19 SOP, and all teachers were present. "Yoga symbolises the union of mind and body, action and thought, restraint and fulfilment, and a holistic approach to health and well-being."



Our primary teachers created augmented reality videos on a number of subjects, such as cars, animals, reptiles, and the solar system, which were viewed by students from Pre-KG to II grade. Enhancing natural surroundings or situations and providing students with rich perceptual experiences. It's comparable to superimposing something on top of your actual environment. That layer could comprise any mix of photos, audio, and video, as well as animations and three-dimensional models, all of which work together to create an immersive experience.

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# **RAKSHA BANDHAN:**

Raksha Bandhan symbolises the bond of love and protection between brothers and sisters. On this day Sisters tie Rakhi around their brothers wrists to ward off ill luck, praying for their brothers' longivity and happiness, in return brothers give gifts and promise to protect their sisters. To promote sibling love and family bond, Rakhi-making competition was conducted.





# KRISHNA JAYANTHI:

Children are God's purest and true reflection. The "Radha Krishna Fancy Dress Competition" was held for young blossoms by MVM Puducherry. Every flower was in full bloom, resembling the goddess "Radha" and Lord Krishna. It was simply amazing, with flute recitals of Radha Krishna and their shlokas filling the air.



# INDEPENDENCE DAY:

We observed the 74th anniversary of the Declaration of Independence on the school grounds in accordance with standard operating practice. Mrs.Prema, the CEO of our institution, raised the national flag. Following the principal's remarks, our school's staff members took part in a few activities. In honour of Independence Day, online competitions for writing essays and producing posters were offered.





# **GANESH CHATURTHI:**

In gratitude for Lord Ganesha's blessings, we performed a puja on the school ground. Lighting the lamp, singing Vedic mantras, and giving sacrifices to Lord Ganesha's statue were all part of the traditional puja.



# TEACHER'S DAY:

On September 5, we celebrated Teachers' Day to salute educators who have committed their lives to bettering society and to commemorate the birth anniversary of Dr. S. Radhakrishnan. It was a small group. The principal spoke about the significance of the day and thanked each teacher individually. As part of the celebration, the management provided the teachers with lunch and a gift.







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### **GANDHI JAYANTHI:**

In commemoration of Gandhi Jayanthi, Online competitions were conducted for the children of Pre-KG to VII grade. Students from kindergarten to grade two dressed up like Gandhi. Paper collages and Gandhi puppets were created by students in grades III through V. Grades VI and VII created T-shirt art and Art from Waste.E-Certificates were delivered to the winners via WhatsApp. We commemorated Gandhi Jayanthi by singing bhajans and slokas.



# SINGING COMPETITION:

We arranged a singing competition to mark Dussehra, majority of the children engaged enthusiastically and were awarded certificates.

# YEAR:2020-21

### CHILDREN'S DAY COMPETITION

We chose to celebrate Childrens's Day virtually due to the pandemic situation. We planned a skit as well as other online activities like games and music.

For pupils in Pre-Kindergarten through Grade VII, online competitions were offered. 'Colouring and Diya painting' for Pre-KG to Grade II, 'Diya Decoration' for Grades III to V, and 'Select a Picture' for Grades VI-VII. Students took part in all of the competitions and displayed their creativeness. E-Certificates were handed as an appreciation to the winners.







# **VIJAYADASAMI**

Vijayadashami is an auspicious time to begin formal education for children. Our children's musical and artistic education began on this day. It is a wonderful day for new beginnings; we have also admitted 5 children to begin their preschool adventure.

# **MVM CARNIVAL**

At MVM in Kumbakonam, an inter-school tournament dubbed "MVM CARNIVAL 2020 - ELOCUTION COMPETITION" was organised. Each MVM branch in Tamil Nadu was represented by one Grade VI student, D.SIDDARTH, who spoke about "gender discrimination." He took part with zeal and assurance. He was also handed an E-Certificate for his participation.

## SCHOOL REOPEN: January 4, 2021

"A new day represents a new beginning." Children want to be amused, challenged, entertained, and delighted."

The return to school after the summer break is a time for new hopes and dreams. It is time to return to school with renewed vigour and enthusiasm. Students at MVM Puducherry were greeted with jubilation and affection after a fun-filled summer break full of adventures and relaxation. The gleaming faces of the students were unparalleled as teachers greeted them ardently at the entrance with an array of exciting activities that enthralled them remarkably. Students were ecstatic because they couldn't wait to meet their teachers and peers.

# **ESSAY WRITING, DRAWING AND PAINTIG COMPETITION**

On January 12th, an essay writing competition was held in honour of His Holiness Maharishi Mahesh yogi's birthday. It was a competition between schools. The top five essays were chosen, MVM Chennai praised the teachers and students' efforts. The Drawing and Painting competitions were divided into four categories and covered a wide range of topics. Our students participated enthusiastically, and we shared the top two entries from each category with the main branch. Students who participated received certificates of appreciation from MVM Chennai.



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# **CHRISTMAS DAY CELEBRATION**

Christmas is a festival that fosters the spirit of giving and caring. Christmas celebration on 22nd December was a memorable event. The school was exquisitely decorated. The program began with an introduction of why Christmas is celebrated, followed by a beautiful skit depicting scenes from Jesus Christ's nativity, interspersed with melodious carols sung by the choir, students presented a unified story, from Mary's conception to the birth of Jesus.

The event concluded with joyful Christmas greetings as students danced to the melodious tunes of 'Jingle Bells' and 'We wish you a Merry Christmas.' The dazzling arrival of Santa Claus added to the students' joy and excitement.

# **POTLUCK**

Potluck at Teachers Community instill a sense of community and shared culture in the environment, and they provide an opportunity for everyone to sit together and bond. The best kind of bonding is unquestionably bonding over food. Eating meals together as a group not only improves productivity and group dynamics, but it also allows different verticals of the institution/organization to interact with each other in an informal setting, which is especially important in groups with language diversity. The fellowship lunch was brimming with delicious home-cooked FOOD! MVM staff celebrated Food Sharing Day with our team. On December 30, 2020, we dined on everyone's signature dishes.



# YEAR:2020-21

### PONGAL CELEBRATION

"The Greatness of a Culture can be found in its Festivals" On January 12th, the MVM campus was filled with the spirit of festivity and celebration, as key cultural events depicted the greatness of the harvest festival via song, dance, and plays.

# REPUBLIC DAY CELEBRATION

MVM Puducherry observed Republic Day with pride and reverence. The tricolour flag was hoisted to begin the ceremony. The National Anthem was played after the flag was hoisted as a tribute to the motherland. The virtual celebration began with the principal's address followed by mime, Dance, Song, Mass drill, and other cultural activities.

# MARTYR'S DAY

In a special assembly held on Martyrs Day, January 30 each year, the students pay their tribute to the great Indian martyrs. The day was observed in memory of those who died in the freedom struggle. Students delivered moving speeches about the significance of the day. On January 30, 2021, at 11 a.m., a two-minutes silence was observed in memory of Mahatma Gandhi, our nation's father.

# NATIONAL SCIENCE DAY

National Science Day was observed at MVM Puducherry to commemorate the discovery of the Raman Effect in India by Indian physicist Sir Chandrasekhara Venkata Raman on the same day in 1928. On 01.03.2021, our school celebrated Science Day.

MVM Puducherry organized an experimental and innovative day for all of the students. The teachers and parents inspired, encouraged, and motivated the students of all grades, and the Primus budding scientists displayed various models and experiments with great enthusiasm and excitement. The exhibition was open for parents, from 9:00 a.m. to 1:00 p.m. The event provided a platform for future scientists' scientific explorations and innovations.





# WOMEN'S DAY

Our school observed International Women's Day to recognize the contributions and significance of women. Selfie with Mom, planting a Memory with Mom, Essay Writing on the topic 'the person who influenced me,' Handmade Greeting Card for Mom, and Jewellery Making were among the competitions held. Students expressed interest, participated, and were awarded e-certificates.





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### HAND PRINT

'Handprint art' on the first day of school, allowing students to create a treasured memory. It is one of the most popular activities among children because they enjoyed having fun while performing it. Our team captured the memorable moments for the children as they walked into our school for the first time.



# **GARDENING ACTIVITIES:**

To increase gardening awareness and enjoyment while also working to protect the quality of the environment through education. Our team created methods for children to learn and improve their gardening skills by appealing to their natural curiosity and wonder.



# FIRELESS COOKING:

"Cooking with kids is about more than just ingredients, recipes, and cooking. It involves the use of imagination, empowerment, and creativity." Cooking can take place even in the absence of a fire. A "Fireless cooking contest" was held for students at MVM, Puducherry. Our students prepared delectable dishes such as Hibiscus juice and Coco Puva, demonstrating their versatility in the kitchen even without the use of a stove! The activity's goal was to provide a platform for students to showcase their talent and explore new areas of interest. Our kids astounded us!

# TAMIL NEW YEAR:

On the occasion of the Tamil New Year, different events were planned for each grade level. The vast majority of our students enthusiastically took part in them. We encourage our students to participate and work hard. The children did an outstanding job. We hope they continue to improve their Tamil language skills and make us proud!



HAPPY NEW YEAR

# INTERNATIONAL YOGA DAY (LKG-VIII):

In observance of International Yoga Day on June 21, MVM Pondy provided virtual yoga classes to students of grades LKG to VIII from June 10 to June 21, 2021. The classes were designed to raise student awareness about the benefits of yoga and its role in addressing the challenges posed by the COVID-19 pandemic. The concept of "yoga at home and yoga with family" was the foundation for this.

# SHRI, K. KAMARAJ'S BIRTHDAY

Our school celebrated the birth anniversary of Shree K. Kamarajar, the former chief minister of Tamil Nadu who is credited with bringing about the renaissance of education in Puducherry and Tamil Nadu. Mrs. Samsath Begum, one of our instructors, gave a talk about Shree Kamaraj's life. A beautiful film clip honoring the legend was shown. Our Principal lit the lamp and spoke about Shri. K. Kamarajar's extraordinary achievements. Yes, it was an amazing day!

# NATIONAL DOCTOR'S DAY COMPETITION (LKG-VIII):

"National Doctor's Day" was observed on July 1, 2021, as a way to commemorate and show our appreciation for the doctors who care for us when we are in need. We planned separate activities for each grade level (LKG–VIII) to accomplish this

# Sum up of Events conducted:

- · Dress up as a doctor and say a few things about doctors (LKG and UKG).
- Draw a man wearing a face mask and explain why he is wearing a mask. Alternatively, draw the instruments in a first-aid kit and label them (Grade I and II).
- · Using scrap materials, construct a model of a hospital or a stethoscope (III-V).
- · Essays and Articles (VI-VIII).

Many students enthusiastically participated in the competitions, and the teachers expressed their sincere appreciation for the students' creative works. The e-certificates of the winners were uploaded to our MVM school mobile app.



# INTERNATIONAL TIGER'S DAY COMPETITION:

Every year, July 29th is designated as International Tiger Day. Our school hosted many competitions, including colouring (LKG & UKG), speech and poetry (I - V), drawing, and essay writing (VI-VIII), to call attention to wild creatures and the importance of the species in the forest. With the exception of sending a screenshot of their participation to the allocated WhatsApp number, the students were given a theme and allowed to take part in any of the events within the designated category.





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# **RAKSHA BANDHAN:**

Raksha Bandhan, which commemorates the affectionate bond between brother and sister, was observed on August 3rd. To mark the occasion, our school hosted a number of kid-friendly competitions such as:

- Decorating Rakhi
- Making Rakhi
- · Essay Writing on Raksha Bandhan.
- · Speech on Raksha Bandhan's Importance

The children enthusiastically took part and sent recorded videos and photos of the activities to the provided WhatsApp number. The competition winners received e-certificates via the school app.



# **AZADI KA AMRIT MAHOTSAV:**

Azadi Ka Amrit Mahotsav is a Government of India program that celebrates and commemorates 75 years of progressive India, as well as the magnificent history of its people, culture, and achievements. To participate in the celebration, our school created a website where students could record and upload a video of themselves singing the National Anthem. The students were allowed to access their participation certificates through online.



### JANMASHTAMI:

Krishna Janmashtami, observed on August 30, honours the birth of Lord Krishna, Lord Vishnu's eighth avatar. Various tournaments were conducted for children of different grades to commemorate the occasion. The purpose was to teach them about our traditions and customs.

The following competitions are listed:

- · Fancy dress Contest
- · Dress up and choose one of Baby Krishna's amusing hobbies.
- · Decorating a flute
- · Decorating a curd pot
- Singing (Devotional song/Bhajan/Slogan)
- · Krishna's Story
- · Footstep Rangoli

E-certificates were distributed to award winners and participants via the school app.



# INDEPENDENCE DAY:

On the occasion of our country's 75th anniversary of independence, we staged a number of events to display our fervour and patriotism. The day began with a flag-hooping ceremony, followed by a few engaging online games and activities for kids in grades LKG through VIII utilising the TEAMS app. MVM Pondy students took part in the events and contributed to making the day memorable. The festivities came to an end with faculty-only recreational activities.









# TEACHER'S DAY:

Teacher's Day was enthusiastically observed. There was an unusual amount of excitement throughout the school. Teachers serve as facilitators, guiding students as they gain knowledge and competence and prepare for the future. MVM instructors received a memento as a token of appreciation on teachers Day. To honour this event, a variety of entertaining games and activities were organised for teachers. That added to the delight and memorability of the day.

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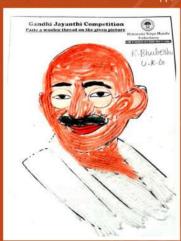
# **COMPETITIONS (GANDHI JAYANTHI)**

As a sincere gesture of gratitude for all that Gandhiji has done for the nation, we have organised online programmes for kids across all grade levels.

On the occasion of Mahatma Gandhi's birth, two competitions were held:

- · Woollen thread was attached to the provided image (LKG & UKG).
- · Created a poster with a slogan regarding the Salt Satyagraha (III-V).
- · Composed a brief analysis of the Gandhiji film (VI–VIII)
- · Finished the monkey crafts that Gandhiji had designed.

With great excitement, the students participated in the activities. Participants received e-certificates via the school app, and winners were recognised.





### NAVRATRI:

At our school, MVM Pondy celebrated the nine days of Navratri by arranging doll displays in Golu, dressing in a new colour every day, and preparing special meals as a sacrifice to God. "Arti" was done to commemorate the nine incarnations of Goddess Durga and to ask for heavenly favour. To highlight the value of virtue, the tenth day, Vijayadashami, was joyfully observed.

# CHILDREN'S DAY:

Children's Day was a day to celebrate childhood, with a focus on toddlers' enjoyment. Our teachers planned a slew of online activities and events for students in each grade (LKG-VIII). Kids participated in an hour-long program that included drawing, tongue twisters, guess the sound, dumb charades, memory games, guess the personality, quizzes, math problems, and riddles via Teams App.

# **GENERAL MEDICAL CHECK-UP:**

Aarupadai Veedu Medical College & Hospital physicians examined all of the students in our MVM school (Grades I through VIII) on December 23, 2021. Ocular, dental, ENT, paediatric, and general exams are among them. The school maintains current copies of each student's personal health record, which includes their medical information. It was a great chance to evaluate the child's typical growth and to find and care for any kids who might have health problems later on.

# **CHRISTMAS:**

MVM Pondy hosted a joyous and merry Christmas celebration at the auditorium on December 27. Because Christmas provides joy and love, we celebrated it with the same fervor and message of love and enthusiasm for our kids. To upbeat music, our first and second-grade angels danced.

Everyone was cheered up by an eighth-grade student costumed as Santa, who danced to the lively music. Following that, our students delivered three-language Christmas addresses (in English, Tamil, and Hindi) and read passages from the Bible. We saw the Birth of Jesus projected upon us in the Christmas skit. We performed a Christmas carol as a student choir. Christmas cakes were distributed to the students. This turned out to be a memorable day.









# **NEW YEAR:**

On the eve of the New Year's celebration on December 30, 2021, MVM Pondy executed the plan to provide stationery, rice, dal, chocolates, and other supplies to Baby Sarah's Home, Ariyankuppam, an orphanage, this was done to teach the importance and grace of sharing as well as to provide a good example of giving. Our school was pleased with the pupils who took the initiative to assist underprivileged children.

# PONGAL:

Pongal was celebrated on January 12, 2022 in MVM Pondy. To add a little excitement to their day and teach them about our traditions and culture, we prepared a few online activities for the kids to engage in. The students received certificates after submitting their work via Whatsapp, which they could access through our school app.

The activities are listed as follows:

- LKG and UKG: Salutations to loved ones dressed traditionally UKG and LGK.
- · Grades I and II: Sketching the Pongal pot.
- · Grades III-V Pongal Pot Construction and Decoration.
- · Grades VI- VIII · Speaking



With fervour and patriotism, our school commemorated Republic Day for the 73rd year. We were joined virtually by parents and students from every grade level through the Microsoft Teams app, making it an unforgettable occasion. Ms. Prema, our Chief Executive Officer, raised the national flag and sang the national anthem. Our Instructors delivered informative lectures on the sacrifices made by great men for our country, as well as the history of Republic Day. The program was a success, thanks to the singing of several patriotic songs and the address by our esteemed Principal Sir. At the program's conclusion, we got to watch a film about Kargil war hero "Vikram Batra" which enhanced our sense of patriotism.

# REPUBLIC DAY

Students of all grades (LKG-VIII) actively participated in the online competitions organized.

LKG & UKG- Making National Flag using Handprints

Grade I & II- Making National Symbols using waste material

Grade III – V- Depicting Pictures of National Leaders using Woollen thread.

Grade VI – VIII- Drawing and Colouring an Indian Monument.





# KINDERGARTEN CLASSES:

KG students participated in online learning on alternate days by using the MS Teams software. Weekly schedule: UKG classes were held on Mondays, Wednesdays, and Fridays, while LKG classes were held on Tuesdays, Thursdays, and Saturdays. The Puducherry government later directed that we resume offline Kindergarten (LKG & UKG) sessions in March. The children learned how to navigate their surroundings, make friends, and gain confidence to try new things

# CLASS PHOTOGRAPH - GROUP PHOTOGRAPH OF EACH CLASS

On February 9, 2022, a group portrait of every class from grade I to VIII was taken with our principal and the respective class teacher. The children were informed about the event and instructed to wear their uniforms. The students were also given personalized picture frames.

# SOFT SKILL DEVELOPMENT TRAINING PROGRAMME:

'Learning life skills allows children to better understand their identity and life goals.' Mr. Pugazhendhi, a life skill coach, led an interactive session with Grade III-VIII students on February 12th. Soft skills, which are character traits and interpersonal abilities that explain how an individual can collaborate and engage with others, served as its foundation. Our students thoroughly enjoyed the entire lesson.





# EDUCATIONAL TRIP - DR. ABDUL KALAM SCIENCE CENTER AND PLANETARIUM IN LAWSPET, PUDUCHERRY:

On February 25,2022, our school organized an educational field trip to the Dr. Abdul Kalam Science Centre and Planetarium in Lawspet, Puducherry for students of Classes V to VIII. It was the ideal setting for introducing science to the next generation in a fun filled manner. Pupils had access to Science Park, Energy Park, Science Demonstration Corner, and the Marine Oceanarium gallery. Their interest grew as they learned about simple machine operation, music generation, the solar system, the life cycle of a mosquito, and electric circuits. The highlight of the tour was an educational lecture in the auditorium by a distinguished science professor, who informed the students about 'What', 'Why', and 'How' science is.







# VISION SCREENING -EYE CHECK-UP BY THE DOCTORS AND CAREGIVERS OF ARAVIND EYE HOSPITAL:

As having an ophthalmologist consultation is advantageous, MVM arranged a free eye camp for its students. All of our kids in grades I through VIII had their eyes tested by the physicians and personnel of Aravind Eye Hospital on March 15. After a comprehensive assessment of the class, recommendations were made for kids who needed more screening and testing. After further consultation, the hospital gave Syed Fahad and Deekchit Dav, two of our Grade VIII pupils, free glasses.





### ORIENTATION PROGRAMME:

On March 12, 2022, in our school auditorium, an orientation program on digital parenting and the National Education Policy was held to provide parents with a clear understanding of what their children are studying now and how it will help them in their future jobs. Mr. Vijayan, a well-known motivational speaker and anchor for the News 7 channel, was the event's main guest. He captivated both the parents and the teachers. He discussed the advantages and disadvantages of the online learning environment. Mrs. Nandhini from Extra Mark explained the digital information available in the app to students as they adjust to the shift in learning.



# FIELD TRIP TO BOTANICAL GARDEN:

On March 19, 2022, our school organized a field trip to the Pondicherry Botanical Garden for Grade I-III students in order to entertain them and help them develop their observational skills. Our children enjoyed the play area, aquarium, flower show, floral garden with a variety of flowering plants, melodic dancing fountain, and toy train ride while being supervised by our school personnel.



# NATIONAL SCIENCE DAY:

We celebrate National Science Day on February 28th, which commemorates the discovery of the Raman effect. On National Science Day, students from grade III to VIII demonstrated a variety of science activities. They demonstrated their innate understanding of the 'how' and 'why' of important scientific concepts by using static and functional models. Junior classes attended the exhibition to see the performance and gain a better understanding of the themes, which encouraged them to work harder. Mr. Jayasundhar V., the National Best Teacher Awardee for 2021 and the National Awardee for Innovative Teaching Practices for 2019, spoke at the event as the chief guest and expressed gratitude for the efforts made. His explanations and demonstrations of various scientific ideas were well received by the children







# **GRADUATION CEREMONY & FANCY-DRESS DAY - UKG:**

On March 24, 2022, MVM Pondy hosted Graduation Day, a happy occasion for the young pupils in the UKG class to celebrate graduating their preschool years. While the kids walked across the stage wearing their graduation gowns and caps, we were delighted. The fancy-dress show, which commenced the most significant part of the day and made a lasting impression, demonstrated the talent of the astute tiny LKG students. The principal, Mrs. Rajini, and the chief guest, Mrs. Jagatheeshwari, conveyed their appreciation to the school for their exceptional work.

# WOMEN'S DAY:

MVM Pondy celebrated the 47th International Women's Day with great enthusiasm and satisfaction on March 8, 2022, honouring the contribution and relevance of women. The VI, VII, and VIII students kicked off the event with a song honouring the contributions of women to society. It was followed by a captivating dance performance and speeches in three different languages given by students of grades V and VIII about the significance of the celebration. Students also took part in a quiz competition about women's achievements. However, to honour the women in our lives, our MVM instructors created beautiful photo frames with the help of KG tiny buds, which were given to the mothers.







# FIRST DAY OF KINDERGARTEN

The Very First Day of Preschool is one of those beautiful and significant days in the lives of children, full of smiles and tears! On April 21, 2022, our rain-bow-dressed butterflies arrived as MVM students. Following a hearty greeting, everyone enjoyed the photo shoot area with the frame designed to preserve their memories of their first day. The children examined their surroundings, learned how to get along with others, and got the confidence to try new things.



# TAMIL NEW YEAR

On April 13, we thoroughly enjoyed a very enthusiastic and joyous Tamil New Year's celebration. From grade IV to IX, our students have beautifully demonstrated their abilities through skits, dances, talks, songs, and other acts. Our eyes had been treated to a delightful treat.



# **TALEN HUNT**

On April 20th, our students in grades I through IX performed in front of the public, singing, dancing, delivering speeches, reciting poems, and engaging in various other forms of self-expression to overcome stage fright and gain self-confidence.





# TEACHERS TRAINING PROGRAMME

Teachers from MVM Pondy attended the three-day First Half Yearly Training session held by Maharishi Vidya Mandir, Chetpet, on April 24 and 26, in keeping with the sentiment portrayed in this remark and to obtain additional information. It was without a doubt a terrific learning opportunity for our teachers, which will help them understand and educate the next generation through MVM action plans. Shri Dr. T. C. Perumal ji, secretary of the MVM Group of Schools, aided our teachers in becoming Transcendental Meditation practitioners.

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Dr. B.S. Virudhagirinathan specialised in early childhood education and care for holistic development, assuring the child's well-being and preparing him or her for life-long learning. Mrs Premalatha, the CEO, and her staff advised on general school curriculum, CBSE standards, and teaching methods. MVM Chetpet subject experts later gave subject-specific orientation to our teachers. They also participated in demonstration sessions and provided feedback to one another in order to improve their abilities to communicate with kids in the classroom.



# AN ORIENTATION PROGRAMME FOR PARENTS

"A school cannot function effectively for kids if parents and educators do not collaborate to act in the best interests of the kids."

With this in mind, our Maharishi Vidya Mandir, Puducherry, organised an Orientation Programme 2022-23 for parents on June 18, 2022 (Grades I to X) and June 20, 2022 (KG) to ensure a positive learning environment and to strengthen the bond between parents, teachers, and students. The orientation began with a special prayer given by the instructors, blessings from God, and the lighting of a candle by our CEO, Mrs. Prema Deepak, and our Principal, Mr. Madhusudhan.

Our principal enlightened the gathering with a motivational speech that emphasised the close link between the school and the parents. Ms. Vasitha, the day's speaker, walked the parents through "How to Use My School Guru App." Our principal addressed the parents' concerns. The school's policies and procedures were discussed to the parents. As indicated by the orientation programme, the school made a real effort to teach parents how to properly care for and guide their children. Overall, the meeting was informative, and the parents appeared satisfied with their involvement in the orientation session.











DOCTORS' DAY (KINDERGARTEN)

On July 1, 2022, our kindergarteners observed National Doctor's Day to recognise all medical professionals, as this year is especially notable for their moral and unwavering dedication to serving humanity. The ceremony was an attempt to demonstrate our appreciation for doctors and to highlight their importance in our lives. In the current pandemic scenario, doctors are the actual heroes, spearheading the effort to save millions of lives globally.

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The teachers highlighted the importance of hygiene, health, and the role of doctors in our society. The first Aid Kit creation project was completed by the inquisitive minds of kindergarten kids. They finished the assignment enthusiastically. Our young UKG champions created stethoscopes from straw and water bottle tops.



# **FATHER'S DAY (KINDERGARTEN)**

Father's Day was celebrated with fervour and excitement by the young children in LKG and UKG on June 23, 2022. With much love and respect, the LKG children created badges for their father. With their gorgeous hands, our small buddies created tiny hearts during this exercise. They were equally enthralled with the activity and greatly liked it. Our young UKG champions created paper shirts, ties, and fun activities to help them produce Popsicles that piqued their interest.





# **VAN MAHOTSAV DAY CELEBRATION:**

Van Mahotsav is a celebration that promotes tree planting. It is celebrated throughout India during the first week of July, with millions of trees planted in its honour. On July 7, 2022, it will be remembered at our Maharishi Vidya Mandir in Puducherry. The event gave a wonderful opportunity to teach kids about the importance of social responsibility in conserving trees and forest cover. The main purpose of the event was to help students and trees form strong bonds through a process of experience, introspection, and creation through a range of activities. Every student in Grade V took part in a variety of events such as speeches, skits, dancing, and singing.





# **BLUE DAY (KINDERGARTEN)**

Colours have always intrigued us. They are a significant part of our lives and contribute to the improvement of our surroundings. On June 24, 2022, our KG pals celebrated Blue Day. Our children had a great time partaking in the blue-themed activities, which represented inspiration, freedom, and imagination. The toddlers looked gorgeous in their blue costumes. Children enjoyed participating in blue-themed art and craft projects such as making fish crafts, blue whale cards, peacocks, and butterflies. Through these exercises, children were able to express their creativity while also learning the distinctions between different hues.





# SCHOOL ELECTION

School elections provide a hands-on learning opportunity. Learning that is necessary for leadership and life skills, as well as citizenship education, is both demanding and enjoyable. On July 8, 2022, students of grade VIII and IX canvassed to become the SPL and ASPL. The candidates who spearheaded the nomination process were required to give a three-minute speech outlining their qualifications for the positions they had run for. This election seeks to graduate students with good character, defined as values of justice, integrity, and trust, who are willing to accept accountability for their actions and contribute to the larger society's responsible behaviour. Our track record of holding free and fair student elections has proven to be a valuable educational tool for fostering cooperation, engagement, and harmony. Students can learn about the process of selecting the best candidate for a given position during the school election process thanks to their right to vote and the selection of a governing body that represents all students in the school. The SPL and ASPL elections were held at Maharishi Vidya Mandir in Puducherry on July 11, 2022. The SPL and ASPL positions are designated with the intention of providing students with opportunities to practice leadership by planning and executing school events. The SPL and ASPL not only organize school spirit and community welfare events, but they also speak for the student body. They make it easier for students to share their ideas, passions, and prob-

# SCHOOL ELECTION RESULTS

School Pupil Leader

DeekchithDev.A.N Grade: IX-A

School Asst. Pupil Leader Siddharth.D Grade: VIII-A

Loyal House Captain Nivas.S Grade: IX-A

Courageous House Captain Pooneshwar J Grade : IX-A Intelligent House Captain Agielan S.P Grade : IX-A Ambitious House Captain Balamurugan.P Grade : IX-A Loyal House Vice Captain Jithisha.B Grade : IX-A Courageous House Vice Captain Niranjana.S Grade : IX-A Intelligent House Vice Captain Sangamithra : N Grade : IX-A

Ambitious House Vice Captain Reema .R Grade : IX-A





# KAMARAJAR'S BIRTHDAY

On July 12, 2022, we at MVM, Puducherry commemorated the birthday of Mr. Kamarajar, Tamilnadu's king-maker and former chief minister. As part of the event, students in Grade VI staged a performance, speech, dance, song, and quiz reflecting Kamarajar's metamorphosis from an ordinary person to the successful Kingmaker of the Indian Cabinet.

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# FIELD TRIP TO PLANETARIUM: (GRADE III & IV) 16TH JULY 2022

We planned a field trip to the Dr. Abdul Kalam Science Centre & Planetarium on July 16, 2022, to educate students on solar system concepts. Students were taught about the formation of the solar system, planets, and the universe, among other things. Students were also shown the film "Our Universe," which depicted the positions of the stars and planets as well as other fascinating details about the galaxy. Their excitement at experiencing space travel through stimulation effects was palpable. They also saw a three-dimensional presentation about aquatic life and examined the science models housed in the planetarium. They observed a few models covering physics-related topics. The trip proved to be an enjoyable learning experience for the students.



# **ORANGE DAY (KINDERGARTEN)**

On July 22, 2022, the KG Kids observed International Tiger Day, an annual event that raises awareness for tiger conservation. The LKG Kids enthusiastically participated in the mask-making activity. They accomplished the work out of a desire to learn. The UKG students performed the paper plate activity. We must conserve the tigers before they go extinct.



# BASIC FIRST AID TECHNIQUES TRAINING FOR THE TEACH-ERS:

Children are prone to becoming ill or infected. From sporting events to asthma attacks, most schools see as many illnesses and injuries as a crowded emergency room. Teachers are frequently the first Children are vulnerable to illness or infection. Most schools encounter as many diseases and injuries as a congested emergency room, from sporting activities to asthma attacks. Often, teachers are the first respondents On July 22, 2022, teachers at MVM Puducherry received "Basic First Aid Techniques" instruction from "The Balaji Vidyapeet University," enabling them to save lives. Drs. Santhosh Kumar and Sivaraman of the Mahatma Gandhi Medical College and Research Institute advised teachers on how to handle both traumatic and non-traumatic emergencies on school grounds. All of the teachers participated fully and agreed that the training would be incredibly valuable to them





# TIGER'S DAY/ CONSERVATION DAY CELEBRATION

Tiger's Day, also known as Conservation Day, was observed on school grounds on Friday, 29 July 2022, in an effort to promote awareness among all of us about the important need to protect and preserve wildlife. Grade IV kids presented an incredible dance and performance that helped us all appreciate the crucial need to protect Mother Earth. Furthermore, the children's dulcet tones convinced us to ponder the declining population of tigers in India.

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Following were the activities conducted:

- Kindergarten students planted seeds.
- Grade I and II: Enthusiastically participated in Elocution on the theme "Save tiger" and "Save earth".
- Grade III to V: Created an animal and a bird figure out of waste materials.
- · Grade VI to IX: Authored a piece on the subject 'Save Tiger'









# FIELD TRIP TO BOTANICAL GARDEN: (GRADE I&II)

Our Grade I and II students had an exciting day out in the open at the Puducherry Botanical Garden, surrounded by various types of flora. The garden offers both recreation and education. It contains a wide range of trees and blooming plants, as well as botanical information about them. The trees contain both common and uncommon species. Furthermore, the flowers add a splash of colour to the space. When combined, these provide the garden with a variety of scents as well as aesthetic appeal. Students had a great time playing in the children's park with their friends in the kids' corner, children enjoyed a variety of rides and slides. When the kids rode the toy train, they were overjoyed. The trip was incredible.



# **VACCINATION FOR THE STUDENTS OF GRADE VIII AND IX**

In response to the COVID-19 pandemic, the qualified medical staff of the Primary Health Centre, Kirumampakkam, and Puducherry organized a vaccination drive for school children on July 8, 2022 at Maharishi Vidya Mandir in Puducherry. The drive's goal was to protect students from the coronavirus. Students of Grades VIII and IX were given a dose of corbevax/covaxin injection to boost their immunity against COVID 19.





# **DE-WORMING DAY:**

On National De-worming Day, our students received de-worming tablets as directed by the Primary Health Centre Kirumampakkam in Puducherry.



# FIELD TRIP (GRADE VII, VIII, AND IX):

Hands-on learning can supplement all of the information learned from a book in a variety of ways. We have always valued experiential learning at Maharishi Vidya Mandir. To support this exact teaching methodology and attitude, our school's VII and VIII grade students were taken on an educational tour to the Pondicherry Cooperative Milk Factory on August 20, 2022. The factory workers took great pride in displaying the exact production procedures and quality control measures that were used there. The children learned about the techniques used to preserve dairy and beverage goods, as well as how long they can be stored and used after being removed from cold storage. The goal of this trip was to teach children about the preparation, processing, and preservation of milk and milk products.

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# PURPLE DAY AND FRIENDSHIP DAY (KINDERGARTEN):

There's something special about old friends that you can never replace! In keeping with the festive spirit, people honour their best friend on Friendship Day. To commemorate this day, Kindergarteners celebrated both Friendship Day and Purple Day on August 5, 2022. Teachers talked about the importance of friendships in our lives. They discussed the significance of "sharing is caring."

The LKG students participated in an activity called "Origami Ring Making." They drew cat faces for this exercise. Our young UKG champions made a beautiful paper craft project. They colored the crafted paper in this exercise. Kindergarten students celebrated Friendship Day with zeal and enthusiasm.



# MAHARISHI MIZA MANDIN POUTUSHININ ANNUAL MAGAZINE 2023-24

# TRI-COLOUR DAY AND INDEPENDENCE DAY (KINDER GARTEN)

On August 12, 2022, our young students in LKG and UKG celebrated Independence Day with great respect and zeal at Maharishi Vidya Mandir, Puducherry. Every child wore a tricolor in order to represent the national flag. The children completed the paper fan activity with zeal. Our Tiny Tots of UKG dressed up as National Leaders for the Fancy Dress Show. The children looked adorable in their costumes as they dressed up as Jawaharlal Nehru, Jhansi Rani, Dr. A.P.J. Abdul Kalam, and Subramaniya Bharathiyar. The UKG students completed the paper fan activity with zeal. The children were taught about the history and significance of freedom and independence in our country. The entire environment was charged with joy.



# INDEPENDENCE DAY

In celebration of the 75th anniversary of the Declaration of Independence, our school adhered to all COVID-19 protocols. Smt. N. Vatachala, headmistress of the government middle school, was welcomed as the guest speaker to kick off the national festival celebrations. Smt. D. Prema, our esteemed CEO, raised the national flag and led the students in a flag song in front of all the teachers and students. Mr. Madhusudhan, our distinguished principal, spoke about the importance of freedom, its proper use, and the sacrifices made by our freedom warriors, who are ultimately in charge of preserving our freedom. Smt. N. Vatachala, our guest speaker, then addressed the group. Our children demonstrated their abilities in a cultural event in which they participated. The Independence Day programme was concluded with the national anthem.



# JANMASHTAMI (KINDERGARTEN)

Lord Krishna, one of Lord Vishnu's most powerful and well-known incarnations, is remembered on Janmashtami as his birthday. The festival is celebrated to symbolize the defeat of evil forces and the end of darkness. Our kindergarten students joyfully and mirthfully celebrated Janmashtami at our school in order to seek Lord Krishna's blessings. The school took advantage of the opportunity to celebrate and educate young minds in honour of the remarkable relationship that exists between children and the Almighty. Teachers explained the significance of the festival to the students. The adorable little ones dressed as Radha and Krishna added

a traditional touch to the festivities, bringing joy and a festive vibe to the atmosphere. On this holy day, people gather to symbolize faith and unity. The children celebrated the festival with zeal and enthusiasm, which fostered devotion, creativity, understanding, and learning.



# **GANESH CHATHURTHI**

Ganesh Chathurthi was observed on August 30, 2022, at the Maharishi Vidya Mandir in Puducherry to invoke Lord Ganesha's blessings. Children of grade IV to VIII participated enthusiastically and demonstrated their talents through speech, dance, song, and skits. In addition, a number of competitions were conducted to highlight the talents of the students from grades LKG to IX. The celebration brought devotion, inventiveness, comprehension, and education.



# **TEACHER'S DAY**

A teacher is a steady spiritual leader and mentor who has shaped generations since the beginning of time. He or she has the power to instill optimism, spark the imagination, and cultivate a love of learning. On September 5, 2022, Maharishi Vidya Mandir, Puducherry celebrated Teachers' Day with tremendous fervor and merriment in celebration of the profession's devotion and hard work. Students in Grade IX presented plays, songs, and dances in our school auditorium to show their gratitude to their instructors. In addition, the management has organised amusing games to relieve stress and make teachers laugh and grin. It was a priceless memory that instructors will appreciate forever Furthermore, the management has organised fun games to relieve stress and make teachers laugh and grin. It was a priceless memory that instructors will appreciate forever. Furthermore, the management showed its appreciation and support to the teachers by bestowing keepsakes on them.









Onam, Kerala's harvest festival, was celebrated at the school on September 8, 2022. During the Onam festival, King Mahabali is honored for sacrificing his life and kingdom to uphold his words. The celebration began with a prayer song, which is usually followed by an invocation to God. Furthermore, students of Grade VII helped us understand the history, cultural events, traditional games, and lunch (Sadhya) of the Onam festival through their engaging speech, beautiful song, and elegant dance.



# **GREY DAY (KINDERGARTEN)**

GREY is a sophisticated colour that represents the balance and neutrality of the opposites of black and white. On September 9, 2022, the children of LKG and UKG celebrated Grey Colour Day at Maharishi Vidya Mandir in Puducherry to introduce them to the various shades of grey. Youngsters wore elegantly tailored grey ensembles and grey balloons. They could associate the colour grey with both the items they brought and the clothes they were wearing. The activity they did sparked their interest. The LKG children eagerly completed the ice cream stick activity. The paper cup activity was completed by the UKG children. These activities foster the development of children's imaginations and creative thinking. Furthermore, it improves children's ability to focus, pay attention, and be patient.





# **HINDI DIWAS**

Language and culture are essential for fostering interpersonal relationships and building a cohesive society in any country. The Maharishi Vidya Mandir, Puducherry masters celebrated Hindi Diwas on the school grounds on September 14, 2022, with the goal of making everyone feel at home in India. A prayer song began the program, filling us with a deep sense of devotion. Furthermore, their elegant speeches, mime, beautiful songs, and elegant dances about the importance of Hindi and maintaining national integrity showed our students' zeal towards the program. Our children had the opportunity to learn the value and significance of one of India's official languages through this program. The program was concluded with a vote of thanks.



# WORLD RIVER DAY AND OZONE DAY CELEBRATION (KINDER GARTEN)

The absence of the ozone layer indicates a lifeless world. Our KG students celebrated World River Day and World Ozone Day on September 30, 2022, at Maharishi Vidya Mandir in Puducherry. To commemorate the day and its significance, the children in LKG and UKG participated in a paper plate activity. This exercise improves hand-eye coordination and fine motor skills. The students approached the task with interest. This exercise would improve their ability to synchronize what they could see and do. The students' engaged and enthusiastic participation was evident throughout the session. Overall, the lesson was engaging and innovative, educating students and assisting them in understanding the gravity of the situation as well as the importance of conserving water and reducing pollution. On September 30, 2022, the Kindergarten students at Maharishi Vidya Mandir in Puducherry observed World River Day and World Ozone Day. To commemorate the day and its significance, the LKG and UKG students completed a paper plate activity. Kindergarteners used googly eyes to decorate the earth for this project. UKG children coloured a paper plate in this activity.





# INTER SCHOOL COMPETITION

Aravind Eye Hospital - Drawing & Painting competition and Bharathiyar Palkalaikoodam - Drawing & Painting competition.

### Position

1st Kaviya llakkiya.A - VIII-A 2nd Ananth.A - IX-A

3rd Sharvini, J - VI-A

# VIJAYA DHASAMI (KINDER GARTEN):

Vijayadashami is a significant Hindu holiday that commemorates the triumph of good over evil. Festivals are a time for everyone to rejoice and be at peace. They are artistic ways of paying tribute to our rich history, customs, and culture. A new outlook and a new beginning! We gladly welcomed our new Pre-Kg buddies on this auspicious day. Let us pray that the divine blessings of the goddess Durga bring you happiness and peace for all eternity.



# **BOOK FAIR:**

As reading is essential for a child's development, a book fair was held at our Maharishi Vidya Mandir in Puducherry on October 7 and 8, 2022, to encourage children to read and develop lifelong readers. Children were able to peruse the interesting selection of books on display and choose their own books.



# GANDHI JAYANTHI CELEBRATION (KINDER GARTEN):

Gandhi Jayanti, a national holiday honoring our country's father, Mahatma Gandhi, is observed by the entire country. Our kindergarteners at Maharishi Vidya Mandir in Puducherry also gladly and patriotically commemorated Mahatma Gandhi's birth anniversary on October 7, 2022. Our teachers briefed the students on Gandhiji's life story and principles. The young students were also told about his "Mission of Cleanliness," which inspired them to keep the environment clean. The Three Monkeys puppet-making activity was completed by our young LKG champions. Our young UKG students completed a Gandhi-inspired paper craft project. At the end of the day, everyone realized that the first step toward achieving godliness is to serve humanity, and that cleanliness comes second.

# YELLOW COLOUR DAY (KINDER GARTEN):

On October 14, 2022, a Friday, the KG cubs observed World Food Day and Yellow Day at Puducherry's Maharishi Vidya Mandir. The World Food Day celebration taught our children the value of food. The KG kids celebrated the day by participating in a variety of activities. Our LKG students made lovely crafts and participated in bee-related activities. The UKG students completed a bug-themed activity. They had a lot of fun making different bug-shaped arrangements out of fruits and vegetables. They had a great time participating in this activity. To commemorate World Food Day, we must pledge to never waste food. We can help those in need and truly make a difference by taking small steps toward this goal.



# A.P.J. ABDUL KALAM'S BIRTH ANNIVERSARY (GRADE IX):

World Students' Day is celebrated worldwide on October 15 to commemorate the birth anniversary of Bharat Ratna Dr. A.P.J. Abdul Kalam, an Indian aerospace scientist and the country's eleventh president. Dr. Kalam was well-known for his dedication to education and his affection for students. As a result, the United Nations designated his birthday, October 15, 2010, as World Students' Day in 2010. The Grade IX students celebrated World Students' Day enthusiastically and fervently in order to honor and recognize the great leader's teachings and contributions.

The students debated why they thought it was important to commemorate this historic event. They were inspired by the challenges Dr. Abdul Kalam faced as a young man. The festivities began with a prayer song, as calling on God comes first. Students in grade IX also discussed about Dr. Abdul Kalam and his remarkable achievements. A life-story role-play was also performed, and the students paid musical tribute to Dr. Kalam. Now was the time for our children to learn more about Dr. A.P.J. Abdul Kalam's life. It was a fantastic learning opportunity for them.



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# **HEALTH CAMP:**

Taking note of the aforementioned quote, we, the MVM Pondy team, in collaboration with Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry, organized an Annual Medical Camp for all students from Pre-Kg to Grade IX on Wednesday, October 19, 2022, and Thursday, October 20, 2022, in our school grounds. Paediatricians, dermatologists, ophthalmologists, and ENT specialists were all invited. That day, the doctors examined each and every student. In addition, the Sri Lakshmi Narayana Institute team provided non-teaching staff with privilege cards. The group then talked about the advantages of using cards to pay for medical care at SLNIMS Hospital for a variety of conditions. The principal praised the medical team and paramedical staff for their contributions to the event's success. He also thanked the SLNIMS management for taking the initiative to provide health cards to MVM employees.

# **INVESTITURE CEREMONY:**

The Investiture Ceremony was held on October 27, 2022, at Maharishi Vidya Mandir Puducherry, with the goal of instilling responsibility and commitment in the students while maintaining a positive attitude. The ceremony began with a moving rendition of the school prayer, which created an atmosphere of peace and purity. As our honourable Principal, Mr. N. Madhusudan, presented the newly elected student council members with their prestigious flag and badge, they pledged to work diligently to preserve the institution's honour and glory. The house captains, assistant school pupil leader, and school pupil leader stood tall, holding the flags of MVM Pondy, as fate prepared to bestow many more honours on the institution. It was a proud moment for all of the parents to see their children take on significant responsibilities and embark on a new path as leaders. The ceremony concluded with the National Anthem, with heads held high and flags raised.











# **KG - SHOW AND TELL ACTIVITY:**

A "Show and Tell" activity was held on Wednesday, October 26, 2022 for UKG students and Thursday, October 27, 2022 for LKG students, with the theme "My Favourite Birthday Gift." Our children excitedly brought their favourite birthday presents and spoke briefly about them.

# **DIWALI CELEBRATION (GRADE VIII)**

Diwali is associated with rows of lit lamps and joy. The Festival of Lights celebrates the triumph of good over evil and, according to popular belief, Lord Ram's return to Ayodhya after defeating the demon king Ravana. On October 21, 2022, our Grade VIII students performed at the Maharishi Vidya Mandir Puducherry to commemorate Diwali, also known as the "Festival of Lights," with a skit, song, and dance. The festivities filled everyone's hearts with excitement and joy.

Teachers warned students about the dangers of burning fireworks and encouraged them to celebrate the holiday with candles, diyas, and sweets. They also encouraged them to make others happy by distributing clothing and other gifts to those in need. It was without a doubt the most unforgettable Diwali we had ever witnessed.



# CHILDREN'S DAY CELEBRATION:

On November 14, India celebrates Children's Day to commemorate the birthdate of Jawaharlal Nehru, the country's first prime minister. He was well-known for his fondness for children. As a result, on his birthday, we in India observe Children's Day in his honour. On November 14, 2022, we celebrated Children's Day at Puducherry Maharishi Vidya Mandir. Our teachers took part in the celebration by performing a skit, song, and dance. During the celebration, everyone's heart was filled with joy and happiness. Children are the future generation of our country. Elders must guide them in order for them to be good citizens of our country.



# SHOW AND TELL ACTIVITY

A "Show and Tell" activity with the theme "My Favourite Cartoon Character" was held on Monday, November 28, 2022, for UKG students and Tuesday, November 29, 2022, for LKG students. Our kids shared a few lines about their favourite cartoon characters and brought pictures from home.

# PUDUCHERRY'S 1ST ISO 21001:2018 CERTIFIED EDUCA-TIONAL INSTITUTION WITH AN INTERNATIONAL RECOGNI-TION

We are glad to inform you that Maharishi Vidya Mandir, Puducherry, has been accredited under ISO 21001:2018, earning its recognition on a global scale. EC0293PEF9228 REG.NO. The past three years had difficult obstacles to overcome and priceless moments to cherish. We wouldn't be where we are now without your support.

# **GRADE II MODEL SHOP:**

Working hands-on in everything you do is enjoyable. Getting your hands dirty is what drives and inspires you. - Jeff Raikes In order to get hands-on experience managing money, Grade II students created a mock store at our school campus on December 7, 2022. Play shop helps teach kids about fundamental ideas like money, price, and change. They also pick up skills in budgeting, saving, and purchasing. It helped them become more proficient in addition and subtraction. It also helped the children in learning the value of money and to make the distinction between needs and wants. Play stores can also help kids improve their thinking, numeracy, and social skills.



# Public and Public Phi

# FLAG DAY (8TH DECEMBER, 2022):

"Our national flag is, the union of hands, and the union of hearts." India commemorates Flag Day on December 7 each year in remembrance of its lost military soldiers. People can assume the responsibility of attending to the needs of disabled veterans, their families, and the dependents of those who have given their lives in defence of the nation on this day. On Flag Day, our dear Grade I–IX students have taken part in a variety of events honouring the soldiers who have sacrificed their lives for our nation. These activities include poetry writing, palm printing, and making crafts out of grains and pulses.

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# PRESENTATION ON THE TOPIC "MEDICINAL HERBS AS FOOD"

Herbs are the companion of the doctor and the pride of a chef. The grade IX students presented exhibits on "Medicinal herbs as food". Every student contributed a range of dishes, including aloe vera buttermilk, flax seed paste, amla juice, spinach dosa and roti, and betel leaf rice. The students also detailed the importance of each dish.



# **NATIONAL FARMER'S DAY**

"If agriculture goes wrong, nothing else will have a chance to go right in the country." Farmers are thought to form the backbone of India's economy. For this reason, National Farmer's Day, or Kisan Diwas, falls on December 23 every year and is extensively celebrated in India. The fifth prime minister of independent India, Chaudhary Charan Singh, was born on this day in 1979 and served as prime minister from 1980. The day is also dedicated to celebrating and honouring our farmers' contributions in the expansion and advancement of India.

Maharishi Vidya Mandir, Puducherry marked National Farmers' Day (KISAN DIWAS) on December 16, 2022. In an effort to raise the spirits of Indian farmers and promote respect among the general public, this day is dedicated to honouring them all. Teaching the youth the importance of farmers and farming to a prosperous and healthy nation was the aim of the celebrations. Today, our Pre-KG and LKG kids used buttons and ice cream sticks to create a visually appealing tractor. They were engrossed in this task. UKG's young children took part in a foot print exercise. They made a adorable picture of a tractor with their own hand and foot imprints. This activity helps the kids strengthen their fine motor abilities.







Chennai

# SOUTH ZONAL LEVEL COMPETITIONS

Name of the Student Event Position Place Held 1 Ananth.A Rifle Shooting IV Dindugal

2 Dheepika.T

Niranjan . S

Roller Skating - Tanjore

Chess

3 Lingesshwar.T Sreenallasiva.M Rakshan Kumar. R

Harshan Kumar, M

Tamizhventhan.G.S

Tamizharasan, G.S

Tamizhselvam. G.S

Deepak. V. B

Naveen.T

# NATIONAL LEVEL COMPETITIONS

Name of the Student Event Position Place Held

1 Ananth.A Rifle Shooting Ranchi





# CHRISTMAS AND RED COLOUR DAY - KG:

"The best of all gifts around any Christmas tree: the presence of a happy family all wrapped up in each other." Christmas is a season of joy, merriment, giving and sharing, and spending time with close friends and family. Maharishi Vidya Mandir, Puducherry held unforgettable celebrations of Red Day and Christmas on December 23, 2022. We celebrated Christmas in grandeur. A prayer song opened the programme, followed by words of welcome by Sriram from LKG and a Christmas address by Thejasri from UKG. Our UKG kids staged an amazing singing show. The way the kindergarteners portrayed the birth of Jesus was exquisite. Our little ones presented an incredible dance performance that captivated all of the children. Our wonderful vice principal, Ms. Ethel Nina Joys, gave an engaging speech on Christmas. The event was concluded with the national anthem.

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# CHRISTMAS DAY CELEBRATION GRADE I TO IX (23RD DE-CEMBER, 2022)

As India is renowned for its "Unity in Diversity," the MVM team is delighted to celebrate Christmas with abundance of warmth and affection. Our I - VIII pupils participated in the Christmas event with great enthusiasm! Embracing the holiday spirit, a teacher dressed up as Santa Claus and delighted the children. The students sang carols and danced to lively music to lighten the mood and add glitter to the show. The day ended happily with the teachers wishing everyone a Merry Christmas and instilling the actual essence of the season: love, joy, and goodwill towards all.



# INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN:

Any woman who thinks she is the only one who is abused needs to know that, there are women suffering like her than anyone might think. The Ministry of Rural Development suggested a four-week Gender Campaign to take place from November 25, 2022, to December 23, 2022, in observance of the International Day for the Elimination of Violence Against Women. The campaign's goal is to "advance the agency and rights of women and gender-diverse individuals, by addressing structural barriers to a dignified life without fear, discrimination, and violence." A number of activities were organised in line with the same, such as special assemblies, essay competitions, and speeches by school administrators.



# NO BAG DAY - KG

A recurring problem in the Indian educational system has been the weight of a student's backpack, which can exceed twice their body weight. It might be hazardous for children' health and safety to carry heavy school bags. At MVM, Puducherry, kindergarteners observed "No Bag Day." The primary goal of this day is to prepare kids for life beyond the classroom and add more colour to their education. The lessons students acquire on this special day from a variety of teaching styles have a lasting influence, which enhances the educational experience and relieves the burden of lugging books to school.



# PONGAL

Pongal is celebrated as an act of thanksgiving to a number of Hindu deities. The Pongal celebration is particularly important to the farming community because it marks the end of the harvest season. The celebration of "Bhogi" initiates the festivities, with the first day serving as an overview of the remaining days. The purpose of the day called "Bhogi" is to offer gratitude to Lord "Indra," the God of the Heavens. The next day is celebrated as "Pongal," a national holiday honouring the Sun God, Surya. It is a day of celebration and rebirth, marked by happy festivities. The third day of the Pongal festival is referred to as "Maattu Pongal" in honour of the cattle, who are the closest friends and companions of farmers. The four-day festivities culminate with Kaanum Pongal. 13 January 2023. We had a celebration at Maharshi Vidya Mandir. Our school held a lot of parent-student events and celebrations with the aim of inspiring and revealing the students' hidden potential. Our school celebrated the Pongal holiday magnificently. The Pongal festivities began with our typical games and shopping. With their outstanding performance in the tournaments, the students received commendation for their Pongal celebrations. The Students' emotional intelligence and communication skills reflect our true cultures and customs. The Pongal holiday celebration at our school is a true portrayal of our rich cultural history. We are seen in all of our vibrant glory.



# REPUBLIC DAY

Our school, Maharishi Vidya Mandir, commemorated the 74th Republic Day on January 26, 2023.Mrs. D. Prema, the school's C.E.O., hoisted the National flag. Our school, students of grades I to X participated in a array of events, such as March Past, Speech, and Song. Each and every one of our pupils participated enthusiastically in every activity.



# **CSR PROGRAMME**

"You can change the world; in fact, it is the only thing that has ever done so; never doubt that a small group of thoughtful, committed citizens can." - Mead, Margaret Bajaj Electricals has genuinely embodied this through the development of several programmes that focused on environmental sustainability as part of their corporate social responsibility plan. The corporate staff of the corporation planted 350 tree seedlings in our school campus on January 27, 2023. They also commenced a neighbourhood clean up effort. Students and the general public became more conscious of the importance of environmental preservation and cleanliness as a result of these two events. While this continued, the programme brought Maharishi Vidya Mandir and Bajaj Electricals together on one platform to host many more events such as these in the future, enriching the local community through this wonderful partnership between MVM and Bajaj Electricals.







The first-ever sports meet took place on January 28, 2023.

The inaugural athletic event transpired on January 28, 2023. The event was started by Chief Guest, Principal Sub Judge, Mr. K Lingam. Joined with him on the stage were The CEO Mrs.Prema Deepak, Principal Mr.Madhusudan, Vice Principal and Mrs.Ethel Nina Joys.Students from Maharishi Vidya Mandir showcased their skills at the school parade. The school sports leader lighted the Olympic torch. The house leaders took the sports oath, which obliges them to play by the rules and uphold the spirit of sportsmanship during the meet, in order to preserve the honour of the school and the glory of sports. A few track competitions featuring pupils in grades LKG – I were held to honour the occasion. Pupils of other grades used dumbbells, pom-poms, hoola-hoops, parachutes, and locomotive circuits to prove how physically strong they were. The silambham performance was an added bonus. Following that, the victors of various athletic events received prizes. The show ended with a rendition of the National Anthem. It was an occasion for everyone to remember.



# FIELD TRIP TO BOTONICAL GARDEN-KG

Field trips provide students with a unique opportunity to connect with what they have learned in the classroom, allowing them to comprehend concepts and apply them in real life, fostering a love of learning. Earth has been dubbed "the green planet" due to its abundance of flora. On February 8, 2023, kindergarten kids were brought on a field excursion to the Botanical Garden in Puducherry to educate them the importance of growing plants and to explain their value. The garden not only entertains but also educates. It includes information on the botanical properties of a wide range of trees and flowering plants. There are both common and unusual tree species among the trees.

Furthermore, the flowers offer a dash of colour to the room. When combined, these provide a variety of perfumes and visual interest to the garden. The students had a fantastic time in the children's park with their friends. The two-seater rocking swing, slides, seesaw, swings, and jungle gym provided hours of entertainment for the children. We've had an incredible trip with all of our KG friends.



# NATIONAL LEVEL 21ST CENTURY SKILL CHAMPIONSHIP

The universe is full with wonders. Technology advances in unison with the modern world, and its foundations will influence all upcoming fashions. Our kids have the key to an infinite future. Techno Central showcases the exquisite talents of children from schools across the country through a variety of 21st-century skills and challenges, making sure they have fun, grow holistically in line with the NEP, and leave with lifelong memories." It brings us great pleasure to declare that students in Grades VI–VIII from our school competed in the "Techno Central" National Level 21st Century Skill Championship competition at IIT, Chennai Research Park, and won numerous awards. Our school has been acknowledged and thanked for the highest level of involvement from a single institution.

# WATER FESTIVAL

The Arbindo Society organises the Water Festival each year, which runs from February 2 to March 22, World Water Day, and is a seven-week celebration and awareness campaign focused around the theme "WATER FOR ALL, ALL FOR WATER." They visited our school on February 17, 2023, with the goal of raising awareness about water conservation and emphasising that water is a communal resource that belongs to everyone. A wide range of subjects were covered in the presentations, such as the importance of water conservation and the condition of the water table. On this subject, a local farmer also gave a discourse. The students enthusiastically vowed to preserve water. The school has been given a banner, and the students are asked to write short notes or small artworks on it to express their opinions regarding water. The banner was assembled before the celebration was concluded. The NEER KUDAM has finally arrived in our school and will be visiting additional schools in the coming days.



ANNUAL MAGAZINE

# MAHARISHI MIZAA MANDIN POUTUSANIN ANNUAL MAGAZINE 2023-24

# MAHARISHI VILL TROPHY ARCHERY BEGINNERS CHAMPI-ONSHIP GRADE 7&8

MVM Pondy is pleased to report that on February 18, 2023, our students of grades VII and VIII participated in the Maharishi Vidya Mandir Senior Secondary School, Chetpet, Maharishi's VIII Trophy Archery Beginners Championship. We are delighted to announce that one of our eighth-grade students, Jeevan Prasad D, finished third and received a bronze medal.

# SCIENCE EXHIBITION AND PROJECT DAY - KG TO GRADE IX

"Rational thought, scientific temperament, and wonder are the foundations of science." On February 27, the day of the scientific presentation and project for classes KG-VIII, all of the children had a creative and exploratory day. The Maharishi Vidya Mandir Puducherry academics and parents inspired, supported, and motivated young aspiring scientists who demonstrated a great lot of passion and excitement for their models and experiments.

Parents were welcome to view the show, which was open from 9.30 a.m. until 12.30 p.m. For aspiring scientists, the event provided a place for scientific discoveries and research. Students showed both working and non-working models of a variety of topics, including the solar system, solar power energy, hydroelectric generators, space satellites, AC and DC motors, automatic transformers, robots they had built, and many more. To kick off the exhibition, the students presented speeches on their projects.

Space satellite models, satellites from different planets, galaxies, and a variety of other topics were on display. Dr. Arun Nagalingam, principal, and vice principal examined the various student-designed models and display as well. The parents and chief guest expressed their appreciation to each and every student.





# MULTI-COLOUR DAY-KG

"With imagination, life is a kaleidoscope of thrilling colours and breathtaking adventures, but it can also be just black and white."

On March 10, 2023, the kindergarteners at Maharishi Vidya Mandir Puducherry celebrated Multi-Colour Day with fervour and joy on the school grounds.

To commemorate the occasion, every child in the KG department, as well as their teachers, dressed in bright colours. In their brilliantly colourful costumes, our tiny children looked wonderful. Each lesson's palm and foot print tasks were completed using a variety of concepts. Using their palm and foot prints, they created vivid fish, flowers, trees, caterpillars, butterflies, balloons, and rainbows. Kids had a great time on this memorable day and returned home glowing.



# KINDERGARTEN GRADUATION DAY-KG

"Graduation is a time to celebrate new beginnings, ambitious goals for the future and bid farewell to the sentimental memories of the past."

"Graduation Day" was observed in Puducherry to honour the maturation and advancement of UKG students at Maharishi Vidya Mandir, as well as to recognise and honour the eager, young students for their remarkable success during the 2022-2023 academic year.

Mrs. Jothsna, a housewife, and Dr. Ramya, MD, a general practitioner, were welcomed as honorary guests by the parent community. They both thanked the students and told them about the significance of the day, the amazing performance, and the daring speeches delivered by the younger students. The young children were then bestowed with distinctive titles, graduation crowns and sashes, graduate diplomas, and medals. The students had a fantastic day and will be fortunate to continue their education in the mainstream area of the school.



# FIRST DAY OF KINDERGARTEN (APRIL 5, 2023):

Maharishi Vidya Mandir Puducherry presents itself as the perfect nurturing atmosphere for children and provides a thorough education along with essential elements like love, care, patience, and courtesy. We appreciate and treasure each child's uniqueness because we acknowledge that they are all unique. We believe that children learn best when they are given the self-assurance to take risks and tackle challenges with the knowledge that help is always provided. In our ever-changing world, childhood is filled with wonder, imagination, curiosity, and a spirit of adventure. Our children at Maharishi Vidya Mandir Puducherry added even more excitement to the first day of school! Grinning broadly and full of enthusiasm, they embarked on their academic journey.



# PINK DAY CELEBRATION - KG (APRIL 13, 2023):

The kindergarten students of Maharishi Vidya Mandir Puducherry celebrated Pink Day on April 13, 2023. Observing our children bloom in all the different shades of pink was a pleasure. The kids appeared with pink playthings in their hands. The children could see that everything in the classroom was pink, including a variety of pink-coloured things. The young children were engaged in a variety of hands-on activities that entailed recognising the colour pink. Our UKG students printed buds, and our LKG students added the puppet bunny googly eyes. Children gained an understanding of colour through colouring and painting activities.





# TAMIL NEW YEAR CELEBRATION - (APRIL 13, 2023):

During Tamil New Year, it is an appropriate time to take time to let go of the past and focus on the future. We are happy to inform that the team of Maharishi Vidya Mandir CBSE, Puducherry had a very wonderful and joyous "Tamil New Year" celebration. Grade III and IV students presented a lively performance with a song, a skit, and a speech. It was a delight to our sight.

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# SUMMER CAMP - (APRIL 20, 2023):

To give the kids an engaging and enjoyable summer holiday, our school hosted an annual summer camp. Featured in this are sports and fitness, karate, skating, yoga, chess, football, cricket, volleyball, archery, and karma. Zumba and aerobics are also included. Main aim of the camp was to promote creativity, adaptability, inventiveness, and modern, enjoyable learning through our carefully designed activities. The kids were provided with some nutritious snacks.







# FREE SUMMER CAMP:

With great pleasure, the Maharishi Vidya Mandir - Puducherry team reports on the success of the May 3, 2023, Free Summer Camp. This summer camp aimed to push limits, investigate novel concepts, face anxieties, and help the kids become self-sufficient. The camp's motto ultimately came to fruition. The students from outside the school were engaged actively in every scheduled activity, showcasing their commitment to the programme.





# ORIENTATION PROGRAMME FOR PRINCIPAL'S & TEACH-ERS:

From April 20 to 22, 2023, MVM Chetpet sponsored an orientation programme for administrators and instructors from the MVM group of schools from April 20 to 22, 2023. Throughout the programme, the following subjects were discussed: How to Keep Records, Schedule, Curriculum, Policies, Evaluation, and NEP2020 Up to Date The OBS teacher portal was optimised for the classroom during a half-day course delivered by an Orient Black Swan resource person. Access to Transcendental Meditation course was also provided to teachers. Mantras were passed down to the teachers. A practitioner of transcendental meditation, Maharishi Mahesh Yogi calls it "the most effective form of relaxation." It not only fosters mental and bodily peace but also energy, tranquilly, and enjoyment."



# TRIP TO MGM - AMUSEMENT PARK FOR TEACHERS:

Our MVM Pondy teachers went on an enjoyable trip to MGM Theme Park in May. The entire trip was well scheduled and carried out properly. Teachers had plenty of time to enjoy the attractions. They found the day enjoyable in general and cherished their trip. The day was filled with a lot of happenings. Our teachers came home from their journey with many unforgettable memories.

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# TEACHERS' ORIENTATION PROGRAMME:

The Maharishi Vidya Mandir teachers attended an orientation programme from May 24 to May 30, 2023. Our Administrative Officer, Vice-Principal, and Principal organised and supervised the Orientation. The teacher training course, the Wordsworth session, and the "Write wiz-Handwriting" session were among the six sessions that collectively made up the programme. Classes usually began at 10:00 am and concluded at 4:00 pm. Our principal, Mr.Jayaganapathy, utilised a variety of teaching strategies to guide us, among which were structural, interactive, and discovery approaches. Some of our instructors presented microteaching, which combined several distinct methods of teaching. Our teachers finally learned how to utilise the Wordsworth app more effectively, which would enhance their performance in it. The Write-wiz executive provided the teachers an overview of the handwriting curriculum at the Write-wiz Handwriting session. The teachers practiced writing using the GrEM teacher training workbook.





# YEAR:2023-24

# PARENT ORIENTATION PROGRAMME (KG - GRADE X):

We organised a Parent Orientation Programme on our school grounds at Maharishi Vidya Mandir, Puducherry, on Saturday, June 3, 2023, to apprise the parents about our intentions for the academic year 2023–2024. During the programme, our principal, Shri. E. Jayaganapathy, addressed parents regarding the forthcoming academic year as well as the schedules for extracurricular and co-curricular activities at the programme. Furthermore, he highlighted the significance of parental guidance and support throughout this period. The parent feedback session proceeded shortly after the Principal's address. Parents of Pre-KG to X kids got their doubts clarified through this orientation.



# INTERNATIONAL YOGA DAY

Maharishi Vidya Mandir, Puducherry enthusiastically observed International Yoga Day on June 21, 2023. Students, instructors, and renowned guests made significant contributions which made the event a huge success. Following the timetable, students of Grades I to X performed a variety of asanas, kriyas, and pranayama in the school auditorium. Additionally, our students of Grades VI to VIII attended a demonstration session on artistic yoga held at the Geethanjali Yoga Centre in Puducherry. Mr. E. Jayaganapathy, the principal, spoke with the pupils about the advantages of yoga. In the afternoon, Jeanne d'Arc, from Puducherry, the first women's wing of the Youth Hostel Association of India, demonstrated us all the asanas and their benefits.

# MAHA SAMPROKSHANAM OF GANESH TEMPLE:

Lord Ganesha is additionally recognised as the Deva of wealth, intelligence, intellect, and he is also known as the boundary-pushing Deva. We celebrated Ganapathi homam at the newly refurbished Ganesh temple at the gateway to the Maharishi Vidya Mandir campus on June 7, 2023, at 6:00 AM. Our intention was to seek his blessings for the highest level of academic fulfillment and success. In addition, poojas, Lakshmi poojas, Navagraha, and Ayush homams were offered to Lord Ganesh. Praying to Lord Ganesha enhances the ability to relieve all of our pain, bring us joy and humanely enhance the world.





# FATHERS' DAY (KG - GRADE II:

Every year on the third Sunday in June, people celebrate Father's Day. Fathers are honoured on this day, which also honours parent-child relationships, fatherhood, and the impact men have on their child's lives. On Friday, June 16, 2023, Maharishi Vidya Mandir celebrated Father's Day in recognition of their love and commitment. Our kindergarten students enjoyed a wonderful Father's Day. As a way to honour and appreciate their father, the kids made greeting cards with a paper palm print They put a lot of effort into their crafts. Our young pals glued the buttons on the Father's Day card. Our I and II grade students created a medal using a chart.



ANNUAL MAGAZINE

# MAHARISHI VIEZA MANDIN PODIUCISHINI ANNUAL MAGAZINE 2023-24

# FRUIT DAY CELEBRATION (KG):

On June 23, our MVM Kindergarten organised "Find a Fruit" activity to support the idea of "Eating Healthy & Living Healthy." Children brought a variety of fruits, including oranges, pomegranates, watermelons, apples, and mangoes. Our teachers addressed the nutritional value and the significance of fruits as food. The children thoroughly enjoyed exploring the flavours, textures, hues, and scents of the fruits. The Students played a fruit bowl game where they matched the name, colour, and flavour of each fruit as they visited Fruit World.



### SHOOTING COMPETITION:

The 66th National School Shooting Competition was held in Delhi from June 6–12. Grade X student, ANANTH.A, of our school participated and received a participation medal and certificate.







# **CHESS TOURNAMENT**

First National Level Chess Competition was conducted from June 23 to 25, which was hosted by Amalorpavam School in Puducherry, our children of Grade III to IX carried home an abundance of medals and diplomas.

# ADDITION AND SUBTRACTION ACTIVITY DONE BY GRADE -1

Children should be able to comprehend addition and subtraction problems on a daily basis. The day is full of opportunities to work through problems and clarify concepts related to addition and subtraction. Not just in school does this take place. We are able to recognise these modifications when they take place in routine tasks such as reading aloud, arranging the table, putting away our clothes, and so on. Young children sometimes rely primarily on objects to assist them in solving mathematical issues. As students learn new abilities and strategies, their mental math skills improve and they require fewer math tools. Our first-graders participated in an addition and subtraction activity on July 1, 2023. Kids can have a better understanding of the concepts behind the computations with this practice.



### **GURU PURNIMA FOR KG - II:**

"There will be no darkness in your life when there is the ray of light of your blessings and teachings." The students of KG to grade II, of Maharishi Vidya Mandir pondicherry celebrated guru Purinima on July 3rd with great fervour and excitement. The word "guru" come from the Sanskrit terms "Gu" and "Ru". 'Ru' signifies the dispersal of darkness, while 'Gu' implies ignorance or melancholy. As the name suggests, Guru Purnima is a day we dedicate to our gurus and teachers. On this day, we express our gratitude and affection to our parents and grandparents, who were our first spiritual role models. "Guru Purnima" has been observed as a method to honour the Guru's teachings and express gratitude. In exchange for their blessings, the kids performed "Patha Pooja" for their parents and grandparents, offering them flowers, feeding them prasad, and washing their feet. In remembrance of the guru's enlightenment and sharing their lifelong wisdom, people adore them on this day with offerings.





# PLACE THE BALLS IN THE CENTER ACTIVITY DONE BY LKG STUDENTS:

Playing with balls can provide numerous developmental benefits for children. Playing ball improves a child's hand-eye coordination, balance, grasping and problem-solving skills, fine and general motor abilities, spatial awareness, and even language and social skills. When kids practise using the ball, they'll notice an improvement in their skills. For our kindergarteners, throwing the ball in the centre was a delightful task. If the kids work hard enough, they can grow and learn from it. This increases confidence and one's sense of self-worth. Playing ball is an excellent way to bond with children and spend quality time together.



# VANA MAHOTSAV-JULY 7 DONE BY OUR STUDENTS PLANT-ING THE TREES IN THE GARDEN:

Let's plant a tree and some hope together. Van Mahotsav is celebrated at the start of the monsoon season as saplings planted at this time of year have a higher chance of surviving. MVM, Puducherry planned a number of events on July 7, 2023, with the goal of teaching the students the value of social responsibility. The pupils were ecstatic as they planted many tree saplings. They were made aware of the significance of the trees that had been planted as well as basic instructions on how to care of them. The pupils' efforts demonstrated their desire to alter the world and their eagerness to learn.









# PET SHOW FOR KG -07-07-2023:

On July 7, 2023, the KG students of Maharishi Vidya Mandir, Puducherry, staged a Pet Show as part of their Animal Kingdom and Habitats theme to highlight the importance of protecting animals. The main goal of the pet show was to instil a sense of responsibility in our kids and to teach them the importance of loving and caring for every living creature. The students were delighted in wearing their pet masks. The purpose of this project was to teach the kids about the origins and methods of constructing masks. As a result, the kids' capacity for critical analysis and creativity also enhanced."





# **FAMILY WORD ACTIVITY - GRADE II:**

Word families help beginning readers recognise and evaluate word patterns. It allows kids to grow their vocabulary without having to memorise all of the spellings. The children of Maharishi Vidya Mandir Puducherry participated in the new vocabulary activity to assist them articulate the term with the word family correctly.





#### MAHARISHI VIDYA MANDIN PODIUCIARINY ANNUAL MAGAZINE 2023-24

#### PTM FOR GRADES 6 TO 10:

During a parent-teacher conference, parents and educators can talk about insights they have about their kids. When parents and teachers share observations and experiences from daily life, it becomes easier to plan, prepare, and execute lessons for a child's better learning outcome. On Saturday, July 7, 2023, we scheduled a parent-teacher conference for the students of grade VI to VIII. The meeting inspires students to grow as individuals and raise their standards in academic performance. The educators and parents are keeping a vigilant watch on them and encouraging them in their extracurricular and academic pursuits.









#### **VEGETABLE DAY**

On July 14, 2023, the Maharishi Vidya Mandir in Puducherry celebrated Vegetable Day with kindergarteners. The educational value of vegetables was conveyed to pupils in a fun manner. The children then performed rhymes about vegetables. They dressed up as their favourite vegetables and presented instructive talks about the health benefits of vegetables. The children acknowledged all of the various vegetable varieties on the table. It was a good day for the kids because they now knew the names, colours, and advantages of the numerous vegetables that aid in growth and immune system development. That meant we had to make the most of the day.









#### KAMARAJAR DAY CELEBRATION GRADE 3 TO 10

Every year on Kamarajar's birthday, Education Development Day is observed. Participating in Kamarajar's 121st birthday celebrations is an honour for our Maharishi Vidya Mandir, Puducherry. On July 15, 2023, our students took part in a variety of events to honour the famous Kamarajar and his extraordinary achievements for the country. In addition to a performance about his life, seventh-grade students acknowledged him with a song, speech, and dance.





#### NUMBER CARD ACTIVITY UKG

Counting objects and matching them to the right number will be a lot of fun for kids. It's an excellent method for determining how well a student can recognise and count numbers. Our UKG students participated in a number card activity on July 14, 2023. Kids can practise counting while learning number recognition and one-to-one correspondence with this game. These abilities are essential for setting the foundation for increasingly difficult mathematical ideas.







# MAHARISHI WANGOO PERMUSUKAN PERMU

#### SHAPES IDENTIFICATION JUMPING ACTIVITY, LKG

The Shapes Identification Jumping Activity took place at MVM Kindergarten-LKG on July 19, 2023. It aids in the identification of basic shapes and helps kids locate shapes like squares, triangles, rectangles, and circles. It supports the growth of our children's fine-motor abilities.









#### **TOILET MANNERS ACTIVITY KG**

At MVM Kindergarten, a "Toilet Manners Activity" took place on July 21. The children discovered that good hygiene goes beyond just brushing their teeth and taking a shower every day. It entails constantly attempting to protect oneself from diseases contracted from the spread of germs. Good toilet hygiene is one example of this. As our children grow, it is our responsibility to ensure that they learn what they need to know. The first set of regulations covers basic house etiquette, which includes proper behaviour in the restroom. The same rules apply whether using a restroom at home or in public; our youngsters learned how to be safe and polite from today's practice.





#### PTM FOR KG - GRADE V

On Saturday, July 22, 2023, a parent-teacher meeting for classes KG–V was held at the school premises. Parents received updates from teachers regarding their children's overall and academic progress. Teachers encouraged parents to learn more about their children's academic progress in order to address behavioural or academic difficulties.





#### **USAGE OF PRONOUN IN A SENTENCE ACTIVITY BY GRADE I**

The Maharishi Vidya Mandir in Puducherry provides its pupils with education that goes beyond the prescribed syllabus. Our extracurricular programmes teach kids self-control, physical fitness, teamwork, and confidence, all of which are important life skills that contribute to their development as well-rounded people. First graders finished the assignment "Usage of Pronouns in a Sentence" on July 27, 2023. The course taught the kids how to recognise and use pronouns in everyday situations.

#### **INTERNATIONAL TIGER DAY BY GRADE 1**

We observed International Tiger Day, a public awareness campaign for tiger conservation, on July 29 each year. Events at Maharishi Vidya Mandir -Pondicherry School helped students comprehend how important it is to protect tigers. Using charts, first graders created a tiger crown.



#### MAHARISHI VIDHI MAGAZINE POHILEMININ ANNUAL MAGAZINE 2023-24

#### USAGE OF PRONOUN IN A SENTENCE ACTIVITY BY GRADE I

Maharishi Vidya Mandir in Puducherry educates its children beyond the standard curriculum. Our extracurricular activities teach children discipline, exercise, team spirit, and confidence, all of which contribute to the development of a well-rounded personality. Grade I students took part in the exercise "Usage of Pronouns in a Sentence" on July 27, 2023. The program taught the children how to recognize and use pronouns in everyday situations.



#### DOCTOR'S DAY AND WHITE DAY CELEBRATION KG

"Wherever the art of Medicine is loved there is also a love of humanity" A "Doctor's & White Day" was arranged by MVM Kindergarten on July 28 as a means to express gratitude to all physicians. This day is intended to increase awareness of the work that doctors do and to celebrate medical professionals who have devoted their careers to social service. Through the use of role-playing, wherein they dressed as physicians and nurses, the children were taught the value of doctors in our society. This activity is meant to help students develop their social skills. Along with how the pandemic has highlighted the vital role doctors play in protecting lives, they talked with their teachers about the significance of National Doctors Day.









#### COMPETITIONS

Written expression cultivates and enhances critical thinking, while imaginative thought processes facilitate idea organisation and enhance communicative skills. At GPS Kirumampakkam on Students Day, Shree Krishna Kowsic and Jeevamithra from MVM Pondy participated in an essay writing competition. One of our pupils, Jeevamithra, secured third place. Many students from the Maharishi Vidya Mandir in Puducherry attended the yoga competition. Janane got picked to compete in a yoga competition at the national level.



#### THE STUDENT COUNCIL ELECTION

Student council elections for the senior class at Maharishi Vidya Mandir, Puducherry were conducted. To fill the positions of Head Boy, Head Girl, Deputy Head Boy, and Deputy Head Girl, two candidates will be selected from each category. There were seventeen nominees for the Election Committee. Each candidate received an election symbol, such as a pen, book, green board, trophy, medal, etc. During the Maharishi Vidya Mandir - Puducherry election process, students' involvement, engagement, and democratic values were encouraged. The election of appropriate student representatives for the Student Council was promoted to the school community as a responsible and interactive process including all students in voting and candidate campaigns.





#### ZONAL LEVEL CHESS TOURNAMENT

The ZONE-III Chess Competition was held at MVM School this academic year. For the under-14 and under-17 divisions, 35 schools from throughout Pondicherry (Bahour, Nettapakkam, Ariyamkuppam) registered. There is a chess tournament for pupils from different schools. It was decided to send seven MVM students to the state competition. It's a strategy game that fosters mental and cognitive growth. It improves patience and helps to solve everyday issues. It is a privilege for the MVM School to host the 2023 ZONAL LEVEL CHESS Tournaments. Our gifted contestants showcased their abilities and sportsmanship in this furious match of wits.

#### **BRUSHING ACTIVITY**

On August 11, 2023, we celebrated Brushing Day with our kindergarteners to encourage them to wash their teeth. A speedy and organised method of completing daily brushing in the classroom is group brushing at the table. Through this exercise, they will learn where plaque lurks and how important it is to brush well!



### PUPPET ACTIVITY HELD AT MAHARISHI VIDYA MANDIR PUDUCHERRY (14-08-2023)

As the young brains watched their favourite characters come to life, they were enthralled by the kindergarten section's puppet exercise. Aside from helping with phonics, counting, telling stories, and singing, puppets may teach a variety of subjects. They are a great aid for developing one's phonological and mathematical abilities, listening comprehension, and overall self-worth. In educational activities, the tricolour puppet is meant to foster connection, light hearted conversation, and even a hint of surprise.





#### INDEPENDENCE DAY

Maharishi Vidya Mandir Puducherry hosted India's 77th Independence Day celebration on August 15, 2023. The choral group at our school began the presentation by pleading with God for help. The national flag was hoisted by our illustrious guest, and children in grades V-X then marched by. At the investiture event, following the announcement of the student leaders and assistant student leaders, our chief guest, sir, delivered the flags. Then the much awaited cultural show started, with kids from our school showcasing their skills in dance, mime, music, and communication. The national anthem plays to wrap up the show.









#### MAHARISHI WAHARISHI WANARISHI WANARI

#### A TRIP TO MAHABALIPURAM AND MGM

Students from MVM took an exhilarating vacation to Mahabalipuram and MGM with their pals to witness and savour the deliciously joyful moments of life. Grade V-X students went to MGM and Mahabalipuram. They enjoyed their ride in MGM and their trip to Mahabalipuram. The major objective of the tour was to increase students' awareness of the specifics of the different monuments in the old harbour city of Pallava.



#### **FANCY DRESS COMPETITION**

Maharishi Vidya Mandir in Puducherry conducted "A Fancy Dress Competition" for kindergarten kids on August 26. Through this competition, they were able to develop their creative ideas and gain empathy and a new perspective on the world. The children said a few lines about their personalities and utilised the opportunity to practise and showcase their talents.







#### **ONAM CELEBRATION**

Students, faculty, and management at Maharishi Vidya Mandir in Puducherry celebrated Onam with great enthusiasm. The presentation, which featured a onam song, a speech, classical dance, and the arrival of Mahabali, signalled the start of the festivities. As a group project divided into houses, the kids created vibrant Pookolam, or floral rangoli, to commemorate the occasion. It was a festival evocative of Kerala, a state in South India, and ended with a competition to make an appealing floral arrangement, or pookolam. The Pookalam was a visually appealing, captivating, and enjoyable event for everyone, with impressive designs and artistic ingenuity as its defining features.





#### **EYE SCREENING CAMP**

Maharishi Vidya Mandir-Puducherry has organised an EYE screening CAMP to educate children about the importance of eye health. After inspecting the pupils' eyes, the doctor provided useful feedback and advised some next steps. On August 30, MVM Puducherry organised an eye screening camp on our school grounds in collaboration with the Aravind Eye Hospital. Our school's principal, vice principal, and management extended a warm welcome to the medical team. A crew of highly qualified medical doctors inspected the pupils' and staff members' eyes thoroughly. The camp provided personalised medicine regimens and critical advise to staff members and children who required special care. The eye exam camp was a huge success, and it helped keep our kids and staff healthy. Aravind Eye Hospital's personnel was thanked for their assistance.





#### MAHARISHI MUZA MAMDIA PORUCASIANI ANNUAL MAGAZINE 2023-24

#### **COMPETITION:**

In the South Zone match, which took place in Trivandrum, Ananth was selected to go to the next round of the National Shooting Competition. August 20, 2023 Fourteen boys played in shuttle and badminton in Zone 3. (24 and 28 August, 2023) Under 14 and 17 (boys) zonal badminton competition was attended by our kids. August 30, and August 31, 2023.



#### THREE LETTER WORD ACTIVITY (KG)

Mastering three-letter words is the first step in learning to read. As kids start reading, word families help them identify and evaluate word patterns. Furthermore, it lets kids focus on growing their vocabulary instead of learning every spelling word. Our UKG students finished the three-letter word reading practice assignment by mastering the pronunciation of the word families..









#### MIME BY GRADE X STUDENTS

"Action Speaks Louder Than Words". Mime is significant because it provides youth with an efficient means of honing their body language acting abilities and gaining a deeper comprehension of the significance of body language as a communication tool. Students who learn mime in Grade X are more aware of their own skills. It enhances one's capacity for communicating. Since mime is a nonverbal

communication technique, students concentrate on their body language. It promotes original thought and aids in the improvement of body language management, increases communication and minimises speaking anxiety. By using our phones in different settings, the mime hopes to increase social awareness.





#### TEACHERS DAY CELEBRATION (GRADE III - X)

"If you have to put someone on a pedestal, put teachers. They are society's heroes." At Maharishi Vidya Mandir, we think that teaching is more than simply a job; it is an exciting adventure that shapes lives and illuminates futures. We're happy to convey our heartfelt appreciation for the outstanding educators who make our school shine brighter every day on this Teacher's Day. MVM students acknowledged this tremendous effect today with a variety of activities. Grade X students from Maharishi Vidya Mandir displayed a skit, dance, and song to commemorate and convey their appreciation for the teachers who sacrifice themselves to light the way for children. Furthermore, the administration organized a variety of indoor and outdoor sports to make this day memorable for the teachers. After a hearty feast, the teachers were treated to a lavish lunch. The day concluded with teachers' hearts full of memories.











Girinath. M.U. of Grade IV and Srinath. M.U. of Grade I from our school were selected for the Guinness World Records (2023)- Mass World Record Attempt of 2023 Silambam Students to Form World's Largest Human World Map Formation and Perform Silambam For One Hour In Single Location. Tamilnadu Silambam Association hosted this event on September 3rd, 2023, and they were awarded the prize and medal.



#### KRISHNA JANMASHTAMI CELEBRATION (KG):

Janmashtami was celebrated with mirth and delight at The Maharishi Vidya Mandir on September 6, 2023, to seek Lord Krishna's blessings. The air was filled with the scent of flowers, the relaxing aroma of camphor, and the tinkling of bells. While the religious significance of this day is not forgotten, it also represents excitement, enthusiasm, and a jubilant atmosphere of enthrallment in modern India. The Maharishi Vidya Mandir School took advantage of the chance to both rejoice and learn with the young brains to commemorate the extraordinary relationship between children and the Almighty. Students dressed up as Lord Krishna and Radha and carried flutes, peacock feathers, and matkas. The premise was magnificently decorated, and the festive spirit was accentuated by Jhankis depicting Lord Krishna's life history. The following celebration was both fun and educational.



#### HOW TO GREET PEOPLE? - ACTIVITY (GRADE I & II)

Greeting can be so effective that it can turn a frown into a smile and greatly enhance your attitude. Greeting is a core function of communication that initiates positive dialogues. It enables us to engage with others on a more personal basis. A hello can bring two strangers together and deliver a smile to someone lonely. A greeting can alter how we think of a person, a place, or ourselves. Kids from our Maharishi Vidya Mandir, Puducherry, enacted a skit on 8th September 2023 based on how to meet people to create the habit of greeting each other. This practice helps to develop communication skills as well as teamwork, conversation, bargaining, and socialization. It also encourages students' imagination and creativity. It also aids in their awareness of human behaviors and situations.



#### HINDI DIWAS CELEBRATION:

Hindi is the official language of India and is spoken by over 500 million people worldwide. It is a lively and expressive language rich in poetry, music, and culture. At our MVM School, we are dedicated to teaching our students the value of Hindi. We believe that learning a second language aids in the development of critical thinking skills, the improvement of communication skills, and the broadening of cultural perspectives. We held a unique program at our school grounds to commemorate Hindi Diwas. The children performed Hindi songs, danced, skit, and recited Hindi poems. They also learned about Hindi's history and significance. We take pride in being a school that values diversity and multillingualism. We think that every child has the right to learn about different cultures and languages.





### "PHASING OUT SINGLE-USE PLASTIC AND PLASTIC WASTE MANAGEMENT", BY DR. S. PANDIAN, CHAIRMAN OF ENVI-RONMENT COMMITTEE:

Dr. Pandian, Chairman of the Environment Committee, and his team of Dr. Venkataramanan, Dr. Gopala Krishnan, Dr. R Kannan, and staff members arranged an awareness event centered on "Phasing out single-use plastic and plastic waste management" at our school. Plastic pollution poses a significant hazard to all animals, including humans. This initiative seeks to raise awareness about the negative impacts of plastic on wildlife, ecosystems, and human health, as well as to promote recycling and responsible consumption. Individuals may help to create a cleaner, more sustainable future for our planet by saying no to plastic. BYOB is an abbreviation for "Bring Your Bag." Hold habits die hard, but instead of plastic bags, try cloth bags, jute bags, or eco-friendly bags produced from natural starches and vegetable scraps. Save your earth from suffocation.



#### **GANESH CHATURTHI ACTIVITY:**

MVM Children created clay Ganesh idols with love, emotion, and ingenuity. The pupils' enthusiasm was so overwhelming that the entire ambiance was changed into authentic old Indian culture. They also became aware of the negative impacts of POP on the environment and pledged not to use POP in the future. Clay, natural fibers, paper, and other biodegradable materials are used to make eco-friendly Ganesha idols. When immersed in water, these idols decompose faster and have less of an impact on the environment than POP-made idols.



#### **GANESH CHATURTHI CELEBRATION:**

Vinayagar Chaturthi was celebrated with zest and excitement by our MVM STU-DENTS! It was a beautiful sight to behold, and it served as a reminder of the importance of honoring our culture and customs together. Lord Vigna hara Vinayaka, please remove all obstacles and shower us with blessings. It was a way for them to express their love and devotion to Lord Vinayaka while also asking for his blessings on their studies and lives. It was also an opportunity to learn about India's diverse culture and traditions.







#### CAPACITY BUILDING PROGRAM ON THE TOPIC OF ART INTE-GRATION FOR TEACHERS:

We are glad to inform you that on September 23, 2023, Saturday, Maharishi Vidya Mandir sponsored a Capacity Building Program on the theme of Art Integration for teachers. The session began with the dignitaries lighting a lantern. The session was kicked off by Mr. D.P. Sivasakthi Balan, Principal of KRM Public School. The session emphasized the importance of incorporating experiential learning into all subjects and classes. Dr. T. Ramesh, Principal of Jawahar Higher Secondary School, Neyveli, took up the session after a brief lunch break. Art integration was proposed as a possible component of pedagogy. He went into great length about how to implement and correlate art and diverse forms of art in various methodologies. It was

a very informative lesson. Attendees enthusiastically participated in the learning experience through a variety of one-of-a-kind activities. Teachers from schools in and around Pondicherry, Karaikal, and Cuddalore took part and benefited from it.







#### SHOW AND TELL: MY FAVOURITE PLACE (GRADE I)

Grade - I Students are participated in Show and Tell Activity. Students are invited to bring a favourite place picture from home to show their friends and speak about their favourite place for about a minute.



#### **ANIMAL QUIZ COMPETITION (KG-II) OCT 6, 2023**

Students in grades KG-II are invited to participate in an animal quiz competition at Maharishi Vidya Mandir on October 6, 2023. The animal quiz competition aims to give kids a platform to grow an appreciation for improved animal welfare and care.

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#### BOOK FAIR: OCT 7, 2023.

"The magic of books is uniquely portable."

As part of its endeavours to encourage reading, Maharishi Vidya Mandir had a book fair on October 7, 2023.







#### MAHARISHI YUZA MANDER SUBMANIP ANNUAL MAGAZINE 2023-24

#### PARENT TEACHER'S MEETING (KG-X) OCT 7, 2023

On Saturday, October 7, 2023, a parent-teacher meeting for students in grades KG–X was held on the school campus. Teachers notified parents on their children's overall and academic achievement. Teachers advised parents to better understand their children's academic progress and to address any behavioural or academic concerns with them.



#### AIR FORCE DAY & MISSILE MAN BIRTHDAY EXHIBITION:

On Indian Air Force Day, October 8, 2023, an auspicious occasion, we spoke about "IAF - Airpower beyond Boundaries."

"Always keep dreaming. Dreams give rise to thoughts, which then result in actions. For all of the children and teachers, it was an amazing experience to be a part of this event and to celebrate the courage and perseverance of our Air Force Team. Exuberant students, instructors, and parents made the Exhibition a huge success! Among the focal points of the show were model rockets. Many parents who attended the exhibition expressed their admiration and admiration for the students' artwork and chart work.

#### POST OFFICE DAY: (KG - V) OCT 9, 2023

World Post Day was first observed in 1969. Since then, celebrations have been organised in other countries to increase public awareness of the importance of the postal service. Students wrote and sent postcards and messages to their close companions. Children were educated about the many services provided by the postal service, such as stamps, inland letters, and postcards.





#### AIR FORCE DAY & MISSILE MAN CELEBRATION: OCT 10, 2023

In honour of Missile Man Day and Air Force Day, Maharishi Vidya Mandir held an exhibition. Numerous parents who were present at the event conveyed their appreciation for the students' artwork and chart work. Youngsters from a range of classroom backgrounds showed a great deal of excitement and engaged in the exhibition, seizing the opportunity to explore and express their creative ideas via projects, activities, and models.



#### MENTAL HEALTH OCT 11, 2023 AWARENESS (GRADE 6 TO 10)

Maharishi Vidya Mandir, Puducherry hosted a programme on October 11, 2023, to commemorate World Mental Health Day and highlight the need of receiving mental health care. VI-X Grades have engaged in a range of activities pertaining to mental health.



#### SHOW AND TELL FAVOURITE BOOK OCT 11, 2023

First-grade students brought their favourite book and presented a quick speech on the plot, characters, or theme as part of a show-and-tell exercise. Itemised students had a great time discussing and arguing about their favourite book with their peers. Not only did the assignment boost the students' self-esteem, but it also helped them express their thoughts clearly, encourage kids to be honest with their thoughts and feelings, and develop their languages.

#### **CLAY ACTIVITY (KG) OCT 11**

The KG children of Maharihi Vidya Mandir enthusiastically participated in an activity class that included clay modelling on October 11, 2023. Clay modelling is one of the best sensory exercises to help a child develop their motor skills and sense of control. It's an excellent way to develop imagination for non-conventional thinking and to stimulate creativity. At the end of the lesson, each child made a unique clay model that they proudly displayed.







### "12 OCT, 2023 - WORLD SIGHT DAY AND THE THEME IS LOVING YOUR EYES AT WORK".

On August 30, 2023, MVM Puducherry and the Aravind Eye Hospital held an eye screening camp at our school. A medical team that visited our school provided free glasses to nearly all 64 children.





#### **PUBLIC SPEAKING GRADE II OCT 13, 2023**

Maharishi Vidya Mandir Puducherry organised a public speaking exercise and a phone number memorization game for Grade II kids to improve their skills. The children introduced themselves and shared their parents' phone numbers. Children who speak in front of an audience can develop their self-esteem, critical thinking skills, focus, memory, leadership talents, and ability to face their fears and worries.





### OUR KINDERGARTENERS ENJOYED BALL-BASED GROSS MOTOR ACTIVITIES. OCTOBER 14, 2023

Playing is the first step towards learning and development. It is not because we get older that we stop playing, but rather the opposite way around. MVM Kindergarteners enjoyed a variety of physical activities such as throwing balls, stretching, and playing games. It is true that games have a significant impact on a child's development. They help children develop their social and emotional, gross motor, fine motor, and cognitive capacities. In other words, they help the child's entire development.



#### **NAVRATRI DAY 14.10.2023**

Golu was celebrated with much grandeur and mirth at the Maharishi Vidya Mandir in Puducherry. The dolls were arranged according to tradition and religious beliefs, and they recited hymns and shouted catchphrases in praise of the goddesses Saraswathi, Lakshmi, and Durga. During the nine-day festival, they served sacred food to the guests. Students demonstrated veena, Bharatanatyam, and other dances. On October 24, 2023, nine days of festivities came to an end with a one-of-a-kind Vijayadasami Puja.



#### SHOW AND TELL (FAVOURITE FLOWER)

For GRADE I, "My Favourite Flower" Show & Tell competition was conducted. Colours and aromas of spring filled the air as children joyfully discussed their favourite flowers. They brought plants in pots that they had grown over the winter break to enhance their display.



#### BEST WRITEWIZ TEACHER: OCT 19, 2023:

"Your dream is determined by your handwriting; your handwriting reflects the beauty of your dream."

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The write wiz team awarded our MVM teachers with a certificate and a gift in recognition of their exceptional teaching abilities.



### GRADE 8 A (SOCIAL SCIENCE) CONDUCTED SEMINAR ON 'INDUSTRIES' ON OCT 18, 2023.

Students in grade VIII A staged a lecture on the theme "Industries" to spice up their social studies curriculum. A group of students provides an overview of the iron and steel industry. Another organisation also provides information on the cotton textile industries.





#### **DISTRICT LEVEL QUIZ COMPETITION: OCT 19, 2023:**

The Pondicherry AIDS Control Society celebrated Youth Fest 2023 by hosting a district-level school quiz competition on HIV/AIDS awareness on September 23, 2023. Abhilash, of Grade VIII B competed and received a merit certificate and a cash prize of Rs. 1000 as memento.

#### **TALENT HUNT COMPETITION: OCT 19, 2023**

"Intellect strikes a target that no one else can see; talent strikes a target that no one else can hit."

At the Krish Creative Talent Hunt quiz competition, our Grade VIII student AKHIL.A, won prizes.



#### YELLOW DAY CELEBRATION (KG) OCT 20, 2023

MVM observed Yellow Day with the KG students. Happy children sparkling with wisdom, joy, and optimism, dressed in a variety of yellow clothes, celebrated the hue yellow on a day dedicated to honouring it. In order to truly celebrate "Yellow Day," kids not only wore their most beloved yellow outfits, but they also purchased yellow stationery. The assortment of toys and stationery items, which included pens, pencils, crayons, and more which thrilled the students.













### SOUTH ZONE - I YOGA COMPETITION (2023-24): OCT 21, 2023

"Yoga is a mirror to see ourselves from the inside out."

Yoga simultaneously balances the mind and body. It reduces academic stress and enhances memory and focus, three qualities that are critical for success. Yoga, the art of self-realization, uses our innate strength and freedom to propel us to new heights. It's the path to reaching our greatest potential and discovering all of the abilities that our body, mind, and soul are capable of.

On October 20, 2023, our MVM students took part in the South Zone – I YOGA competition (2023–24) held at Akshara Vidya Mandir–Vilvakulam by the CBSE. Five of our students enthusiastically and passionately competed at the national level. Janane, of grade IX participated and secured tenth place in the competition





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#### CBSE CHESS OCT 21, 2023 TOURNAMENT SOUTH (ZONE-1):

"Chess is the art of analysis."

A chess tournament was held in Andhra Pradesh from October 16–18. In this event, around 100 CBSE schools participated. Out of the 86 schools that competed in the tournament, the under-14 students of our school were placed 10th out of 82, while our under-17 students placed 23rd. As they were introduced to the vast realm of chess, both teams gained a great deal of knowledge from the event. The youngsters did an outstanding job. We wish these young athletes continued success in their chosen sports and congratulate them on their incredible feat.







### MAHARISHI YIDYA MAMRUH ANNUAL MAGAZINE 2023-24

### INDUSTRIAL VISIT TO BRITANIA INDUSTRIES PVT LTD (GRADE 8-10) OCT 21, 2023:

MVM organised a field trip to Britannia Industries Pvt Ltd in Thiruchitrambalam for students in grades VIII through X. During the ride from the school to the factory, the kids were ecstatic. The students were directed to the reception area upon entering the building. Students learned about baking, chilling, shaping, kneading, combining, and packing, among other operations, after being led to the production plant by an official. Overall, the trip was enjoyable, educational, and memorable for the children.







"The love of food is the most sincere of all."

On October 21, 2023, a food quiz tournament was organised for pupils of grades 1 and 2. Children's understanding of what they are consuming has a profound impact. Although eating can be a lot of fun, the purpose of quiz is to promote enjoyable learning strategies while simultaneously enhancing general knowledge. Students can "think outside the box" or from diverse perspectives by taking part in quiz competition.







#### VIDYARAMBHAM CEREMONY (OCTOBER 24TH, 2023):

On October 24, 2023, MVM Puducherry observed 'Vijayadasami' Pooja. They performed special prayers for this reason and made the toddlers write on rice. With the support of the school principal, vice principal, instructors, and parents, the pupils learnt to write Tamil alphabets.









#### MAHARISHI VIDYA MANDOR FOOD COMMENT ANNUAL MAGAZINE 2023-24

#### **SKATING COMPETITION (2023-24):**

On October 26, 2023, our MVM students competed in the CBSE Skating competition (2023–24) at SAN ACADEMY, Pallikaranai. Eleven of our kids enthusiastically and passionately participated.





#### SHOW AND TELL GRADE-I OCT 27, 2023:

Students of Grade I participated in 'show-and-tell' competition with the theme "My Favourite Cloth." The Young children talked about their favourite garments, describing of where they got them and why they treasured them so much. Sharing a favourite outfit is a unique and enjoyable activity for the young fashionista of the class.











#### INTER-HOUSE QUIZ COMPETITION GRADE I-IX OCT 27, 2023:

On October 27, 2023, our school hosted an inter-house GK quiz tournament with the goal of enhancing the students' current GK discipline. The teams from the Blue House, Green House, Red House, and Yellow House participated enthusiastically. The regulations and criteria were outlined at the very beginning. It was a fun four-round tournament with questions covering English, math, physics, general knowledge, current events, economics, civics and geography. The quiz consisted of four entertaining rounds: lot, buzzer, rapid fire, and picture identification. Everyone's curiosity was peaked by these rounds, which made the event both fun and educational. MVM encourages children to see the best in everyone by hosting events of this nature. It was ensured that the students are learning using all of the resources accessible to them, beyond books and classroom teaching.



#### ZONE III ATHLETIC COMPETITION:

ZONE III ATHLETIC competition organized by GHSS, Thavalakuppam. ATHLET- NO BAG DAY - GRADES (I&II) 31ST OCTOBER 2023: IC competition was held with great zeal and enthusiasm.

Our students showed tremendous performance

#### FIELD INDOOR ARCHERY EVALUATION CAMP-2023 OCTO-BER 29, 2023:

A great archer's aim is more important than their arrows. The beginning of the archery journey is the urge to shoot a bow and watch our arrows soar.

"Whether you are an experienced archer or just starting out, archery will give you something that is practically hard to find elsewhere." The ARCHERY tournament of the VIJAYRAJA ACADEMY OF YOGA AND MARTIAL ARTS took place at ST. Joseph's College of Arts & Science in Cuddalore on October 29. There was a lot of passion and excitement surrounding the archery tournament. Our kids performed exceptionally well, earning medals and certificates in the course of their ef-









"The ultimate skill of a teacher is to awaken joy in creative expression and knowledge."

- Albert Einstein

MVM Puducherry observed "No Bags Day." It was a lovely day filled with sports and events. The main objective of 'No Bag Day' is to encourage children to enjoy themselves while studying. Increasing practice opportunities and capacity for observation-based learning are the specific objectives of No Bag Days.







### Fruit and Vegetable Carving Activity (Grade I & II) - November 3rd:

Fruit carving allows you to unleash your inner creativity and self-expression. Additionally, it's a fantastic chance to socialize with people.

On November 3rd, 2023, the young sculptors of Grades I and II at MVM, Puducherry, participated in a vegetable carving competition. Amazing carvings of common fruits and vegetables have been carved by our talented young artists. The way they presented their work and displayed their originality demonstrated their victory in this competition. The students meticulously participated and carved artworks from the fruits and vegetables with thoughtfully selected materials and tools. Art plays a significant role by encouraging children to become more like themselves. In addition to producing memories and mementos, the carving of food with everyday materials and tools enhanced their culinary skills.







#### Fruit and Vegetable Carving Activity - November 3rd:

Benefits of vegetables extend beyond their use for food!

Slicing fruits and vegetables - Mastery of Cooking Presentation In restaurants, hotels, and other important events, fruit and vegetable carvings are displayed, no matter where they come from. It has become a standard side dish for fine dining and grand feasts. A skilled vegetable sculptor Mr. Karthik from Chennai created beautiful sculptures out of fruits and vegetables, including fish, penguins, and roses. He demonstrated different culinary techniques to the students and how to use an array of fruits and vegetables to create simple to intricate designs.

Vegetable carving is the art of slicing vegetables into visually appealing shapes like flowers or birds. MVM feels that their uniqueness could be observed in their acts, and that while art becomes a medium, colours become an imprint.









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#### Educational Trip to Planetarium - (Grade III & IV) November 4th

A study trip to the planetarium was organised for students in grades III and IV. The students headed to the 3D show, which requires a 3D glasses. During the performance, objects may appear to be near us while we are wearing the goggles. The presentation was about the solar system. They next proceeded to the fun science area and a room of Mirage which had mirrors on all sides. MVM Pondicherry, organized an informative field trip to the APJ ABDUL KALAM Planetarium for the students of Grade III and IV. The kids had a great day and relished the moments of the excursion. Students performed a variety of activities, and observed exhibits in the planetarium. There's a part called The Fun Science Gallery where anyone can visit and explore various scientific topics. Going out with peers and picking up new skills was a fantastic experience. The planetarium's space science programme provided stimulating ideas for the curious minds to ponder.







#### Best Writewiz Students and Teachers Batch - November 9th

"Handwriting causes thinking - the repetition of writing your goal everyday will increase your awareness. The true purpose of a goal is to help you grow".

-Bob Proctor

Together, let us simplify the task of writing effectively!

Writing is part of academics and handwriting plays a vital role in your daily life. It gives us great pleasure to announce that the 'Write wiz' team has sent a batch of materials to our school's teachers and pupils. A few glimpses of it are shown









### A Visit to Orphanage and Old Age Home – (KG – Grade X) November 9th

"Our students expressed their affection and concern for the children in orphanage." In today's world, teaching students values like sharing and caring is essential. Alongside the growing population, there have been an increasing number of orphaned and abandoned children. The youth of today ought to be aware of this and make an effort to enhance these pupils' lives. We teach our kids the importance of giving. For the betterment of the world's neglected, abandoned, and orphaned children, values must be instilled in students." On November 09 2023, class representatives of KG to grade X visited the "BABY SARA" and "LITTLE DROPS" orphanages in Bahour and Ariyankuppam. When MVM students visited the orphanage, they gave food donations that included rice, oil, sugar, and other goods alongside clothing, toiletries, and other necessities.









#### Breast Cancer Awareness Programme - November 9th

November 7th is National Cancer Awareness Day each year. November is now officially recognised as "Breast Cancer Awareness Month." MVM Pondy and AVMC-Pondicherry are working collaboratively to concentrate on screening, risk reduction, and educating women about breast cancer prevention strategies.

The female teachers received guidance on breast health maintenance from AVMC. They gave an introduction to the fundamental BSE (Breast Self-Examination) technique and encouraged the female staff members and teachers to do it on a regular basis. The search for an early remedy starts here. The female staff members found the workshop to be very informative as it covered the causes of cancer and how to prevent it through the adoption of healthy practices. An inquiry and response session was led by the AVMC group.





#### Diwali Celebration - (KG - Grade X) November 10th

The phrase "Diwali" alludes to rows of lit lamps. It is a light event that people appreciate. Diwali is a happy holiday that fills one's heart with joy, one's home with diyas, and one's mouth with sweet memories! MVM students celebrated Diwali with zeal and enthusiasm. The children's beautiful performance of a Diwali song contributed to the festive atmosphere. The celebrations were enlivened by a stunning dance performance. The professors and kids did an excellent job of flawlessly staging the programme. Children were taught about the significance of Diwali and urged to celebrate with lights and prayers rather than noisy crackers and flames, We wish that generosity and kindness triumph over cruelty, darkness over light, and truth over lies on this auspicious day!





#### Purple Day Celebration - (KG) November 18th

Purple symbolises generosity, ingenuity, dignity, magic, and a free spirit. On November 18, 2023, MVM celebrated Purple Colour Day with zeal. Every child wore what they dubbed their "Purple Best." To bring out the hue, a variety of methods were used. The students noticed the purple things shown by the teachers. Purple was the dominant colour on campus. It was a memorable and colourful day for the kids.





#### MAHARISHI VIDYA MARKUM VIDYA MARKUM ANNUAL MAGAZINE 2023-24

#### Zonal Level Skating Competition (2023-24) - November 21st

"Roller skating is not only a sport but also an excellent art form"

The Department of Education hosted a Skating Competition at A.J School in 2023–24, in which our MVM students competed and brought home medals. Six of our pupils took part with a lot of fervour and excitement. In the inline skating competition, Dheepika of Grade VIII won three gold medals, Ritul Jain of Grade VIII won two silver medals, Anusri of Grade VIII and Srihari of Grade VI shared a bronze medal, and Pavalamozhi of Grade VII won a gold and one silver medal. We are delighted to be able to provide a selection of event images. Medals and certificates were awarded to students who got ranked first in a variety of categories. Go, Skaters! Keep going!





#### Origami Craft Work Activity (KG - Grade II) - November 25th

The art of folding paper is called origami. The Children are inspired to use their imaginations, to sharpen their focus and fine motor skills, and to use colourful paper to build stunning models of flowers, animals, and birds. The MVM Pondicherry, KG to Grade II students learned how to fold multi-coloured paper "flowers." They created beautiful flowers by adhering to their teacher's directions. They carefully selected a shade of paper and folded it in four easy steps to create a flower. Additionally, our teachers demonstrated to the children how to make the flower stem by using a pencil to coil a different piece of paper into a thin strip.MVM students were overjoyed to show off their magnificent flower to their classmates.











### Humming Bird Spell Bee Competition ( Grade I – VIII) November 30th

Students participated in the first level Spell Bee competition held by MVM Pondicherry, and the winners advanced to the second level Spell Bee competition. MVM pupils presented excellent performances. Programme for DPT Vaccination Maharishi Vidya Mandir in Puducherry had a DPT immunization programme on Wednesday, November 29, 2023. This scheme provided immunizations and benefits to MVM students in Grades I, V, and X.





#### YOGA COMPETITON:

As a useful tool for fostering in children self-control, awareness of their bodies, and physical fitness, yoga has been included into school curricula. The National School Game Yogasana Championship 2023 was held at the Moral Vidya Mandir in Korkadu on November 29, 2023. First place was taken by Aruna Arulvizhi, Ishetha, Deepika, Logesh, Tamilventhan, and Lingeshwaran. Additionally, our school placed first in the group competition. Greetings and congratulations to the winners



- Forwarded

The achievement of our students in the zonal-level Yoga competition is truly commendable. Their hard work and dedication have paid off, and we are pleased to see them earn 1st prize . Their exceptional performance has earned them a place in the National level competition, which is a testament to their perseverance and excellence. We extend our congratulations and look forward to their continued success. Kudos

#### LOOK AT THE PICTURE AND NARRATE A STORY(KG):

On November 30, 2023, our Maharishi Vidya Mandir, Puducherry, LKG, and UKG students participated in the activity "LOOK AT THE PICTURE AND NARRATE THE STORY." The stories, in addition to teaching moral lessons, helped shape the adults we are today. Children found it fascinating because of the inventive gestures and facial expressions. Storytelling is a creative approach to express oneself by putting your thoughts into words. It helps children develop their early reading skills and acquire words, sounds, and languages. Storytelling is the most effective way to present concepts to the world. Stories can transport readers to the realm of the unfathomable and have a profound moral or message.





ANNUAL MAGAZINE

#### SHOW AND TELL:

Touch Feel Speak (KG-II) Dec 8, 2023

The Imagination is of so delicate a Texture that even words wound it." -William Hazlitt

Touch Feel speak activity was held for Grade LKG to II students on 8th Dec 2023. A child when born, tries to understand each and every thing by touching it. So the sense of touch is very important in a man's life. Our little MVM blossoms did a fun activity on Sense of Touch, Feel and Speak. Activities that incorporate a child's touch and movement are beneficial because they learn by feeling different objects, especially children who are kinesthetic learners. The act of touching stimulates sensors within muscles and joints, sending messages back and forth from the skin to the brain. Essentially, each time your child touches something, the brain receives a message and makes a decision. Teachers have conducted several activity like Stereo gnosis activity, Blind fold exploration activity, sensory activity, DIY sensory Bins etc...





#### Handwriting Competition (III - VIII) Dec 8, 2023

On December 8th, 2023, an Inter House Handwriting Competition for classes III-VIII was held at Maharishi Vidya Mandir in Puducherry. The competition's goal was to inspire pupils to enhance their calligraphy talents. The tournament was held in each classroom. Handwriting is an important skill for students to have. It is a crucial practice for pupils to enhance the development of fine motor skills and confidence. It stimulates the brain and aids with reading fluency. It also promotes and rewards superior handwriting abilities. It allows students to demonstrate their proficiency in legible writing. The majority of students had put forth their best effort to improve their writing abilities.

#### **MVM ANNUAL SPORTS MEET 2023-24**

Sports is an integral part of life. Sports teach children many worthwhile lessons. It teaches discipline, focus, dedication, hard work and commitment.

As we look back on the spectacular 2nd Annual Sports Day celebration at MVM, Pondicherry, gratitude overflows in our hearts. With esteemed guest, Captain S. Santhamoorthy, a two-time world record holder in cricket, the day got off to a lively begin!

As our achieved athletes of our school led the Torch Ceremony, the mood lightened as the chief guest ignited the Olympic Torch.

During the March past, the school grounds resounded with pride, exhibiting the harmony and discipline of the four energetic houses as well as the student council. Students enjoyed a sense of participation and accomplishment at the yearly sports meet, which was more than simply a competition. It was also a celebration of good sportsmanship.

The Hurdle Race (KG), a symbol of working together, energized the crowd by displaying not only athletic skill but also commitment and sportsmanship. The event was made unforgettable by the enthusiastic competition of students aged Kindergarten to tenth grade!

The awards ceremony, which honored the kids' exceptional participation and accomplishments in a variety of events, highlighted the end of the day.

The Blue House claimed the Championship for this year. In addition to athleticism, the students' innovative thinking and collaboration were on display throughout the Sports Day event.

Our sincere gratitude to all of our outstanding athletes, and congratulations to all of the participants and winners who took the medals and certificates. Without a doubt, the entire MVM family had a fun and enriching day!













#### FIELD TRIP TO HANDICRAFT VILLAGE (KG)

"We orchestrated an enriching educational excursion on February 3, 2024, taking the students from Kindergarten to Grade II to the Art and Craft Village. This village showcases the skillful creations of local artisans rooted in Puducherry's heritage. The trip seamlessly blended entertainment with education, allowing children to mold wet clay, engage with the intricacies of a violin, and actively participate in a captivating puppet show. The students approached the day with enthusiasm, embracing a mix of fun, learning, and adventure."





# Students' Corner





**ABIJIT** 



**ARNI SRI** 



**DEEKSHA P.A** 



**RETIKA B.S** 



**DHANUSHRI** 



**JANANE J** 



#### வெள்ளத்தில் சென்னை

கட்டடிடம் கட்ட பயன்படுத்தினோம் ஏரி குளத்தின் மண்ணை இன்று மழையின் வெள்ளத்தில் சென்னை யோசித்து கேள்வி கேள் உன்னை பணம் மறைத்து விட்டதா உன் கண்ணை!

#### கரும்புள்ளி

கரும்புள்ளி வந்துவிட்டது என்று கலங்கி நின்றேன் திடிர் என்று ஒரு குரல் அடேப் மானை விட புள்ளி மான் தான் அழகு!

ஜெ. சாக்கிய பிரசாத் பத்தாம் வகுப்பு "அ" பிரிவு



# NNUAL MAGAZINE 2023-24

# Students' Corner



**AVINESH** 



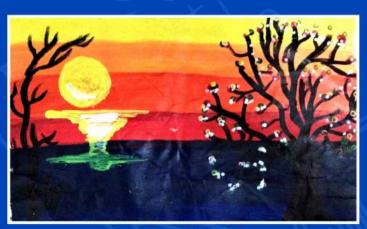
**PRASANA** 



JODHA



**TANISHA** 



**ROSHMA DEVI** 



KRISHANTH R.P



**PUJITHA RAJAMOHON** 



AVINESH S



KAVIYA ILAKAYA

#### MAHARISHI VIDVA MANDIR POUTCHERF ANNUAL MAGAZINE 2023-24

# Students' Corner







**GAJOLINI** 



**VEDHESH** 



LATHIYA VEDHESH BHARATHI



**SREENALLASIVA** 



SHIVANI



**VENUPRASATH** 



## Students' Corner

#### மனிதனின் வாழ்க்கை

வெற்றி! தோல்வி! நல்லது!
கெட்டது! போட்டி! பொறாமை!
போய்யான சிரிப்பு! புரியாத மனிதன்!
இயந்திர வாழ்க்கை! இதில் நாம்
வெறுக்கும் சில பேர்! நம்மை
வெறுக்கும் பல பேர்! இவை
அனைத்தும் வைத்து மற்றவர்
நம்மைப் போடும் எடை!
இச்சமுதாயத்தில் நமக்கென ஒரு
இடம்! இதற்கு நடுவில் பொய்,
பித்தலாட்டம், ஏமாற்று வேலை,
மோசடி செய்தல் என இவை
அனைத்தும் ஒன்றே வாழும் போது
மனிதனுக்கு போராட்டமே! ஒவ்வொரு

சு.பி.அகிலன்

X-அ



REETIKA

#### **ENDLESS NATURE**

Nature itself is a Nuture
which is our future
Sun which brightens our day with sunlight
Moon which give pleasantness with moonlight
Nature is a sea
Which we see
Even if we harm
It provide us charm
Please let the mother earth live with peace
So that we can also live with ease.
- SANGAMITRA.N X-A

### தாய்மை

மலர் போன்ற உள்ளம் கொண்டே உன்னை விட பூக்களுக்கு மென்மை இல்லை அம்மா உன் பாதம் தொட்டு வாழ்ந்திட எனக்கு ஒரு ஒரு வாழ்க்கை கிடைத்துவிடுமா கடல் அலை மீண்டும் மீண்டும் தொடர்ந்து வருவது போல உன் பாசமும் என்னை தொடர்ந்து கொண்டு தான் இருக்கிறது அம்மா வானம் உன் முகம் பார்த்து பேசும் போது சிரிப்பதன் ஒலி தான் மழைத்துளி

### х-அ

#### NATURE

The Nature give us fruit benefits from tip to root
To get those benefits
we should sow
them row to row.

- AATHIRA VII-B



# TEACHERS' CORNER





DIVYA

#### 

#### SCIENCE POEM

The world is ruled by science, This truth will be known by these lines; By the law of gravity, we walk on ground, The human ear can't hear ultrasound; The science of spectacles is known all, The plant cells are guarded by cell wall. What can be a better example than the food we eat, With a number of reactions the meal does greet. Sodium is a reactive metal, Poisonous chloride was used in battle; But these elements form sodium chloride, It's explanation is out of my mind. The nuclear weapons were made by science; They are harmful to nature were explained by science. Now I can't get any more lines, One this already complex science.

- SONIA

### கருவறை

தாயின் கருவறையில் இருந்த இருட்டை கண்டதில்லை இப்பொழுது காண்கிறேன் அவள் இறந்த பின் பிறந்த குழந்தையின் அழுகையை

### அம்மா

கண்கள் மூடினால் மட்டும் நினைவில்லை அம்மா கண்ணிமைக்கும் ஒவ்வொரு நிமிடமும் உன் நினைத்தான் அம்மா

#### MATHMANIA

- 1. 1,000 IS THE ONLY NUMBER WITH AN "A" IN IT FROM ONE TO ONE THOUSAND.
- 2. THE ADDITION OF NUMBERS ON THE OPPOSITE SIDE OF DICE ALWAYS EQUAL SEVEN.
- IN A JIFFY, IS AN ACTUAL MEASUREMENT OF TIME. 1/100TH OF A SECOND IS A JIFFY.
  - 4. 1.089 X 9 = 9.801
- 5. -40 DEGREES F = -40 DEGREES C
- 6. ROMAN NUMERALS WERE HAVE NO SIGN TO REPRESENT 0. THEREFORE 0 CAN NOT BE REP RESENT IN THE ROMAN LANGUAGE.
- 7. 7 IS ONE OF THE MOST UNIQUE NUMBERS. IT IS THE ONLY SINGLE NUMBER THAT CAN NOT BE DIVISIBLE BY A NUMBER AND BE KEPT IN THE 1-10 NUMBER RANGE.
- 8. WHEN TWO EVEN NUMBERS ARE ADDED, THE SUM IS ALWAYS A EVEN NUMBER.
- 9. A BAKER'S DOZEN IS 13, NOT 12
- 10.111,111,111 X 111,111,111 = 12,345,678,987,654,321

- GAYATHRI

கல்விகரசன்.ப



# TEACHERS' CORNER

### அழகு

வீட்டுக்கு அழகு உறவுகள் ஆணுக்கு அழகு பொறுப்பு பெண்ணுக்கு அழகு பொறுமை பள்ளிக்கு அழகு கல்வி மாணவனுக்கு அழகு ஒழுக்கம் நண்பனுக்கு அழகு நம்பிக்கை நாட்டுக்கு அழகு ஒற்றுமை தலைவனுக்கு அழகு நல்லாட்சி மலைக்கு அழகு அருவி காட்டுக்கு அழகு மரங்கள் ஊருக்கு அழகு ஆறு நிலத்திற்கு அழகு விவசாயம் ஆலயத்திற்கு அழகு அமைதி ஆகாயத்திற்கு அழகு விண்மீன்கள் இரவுக்கு அழகு நிலா வெற்றிக்கு அழகு விடாமுயற்சி மகிழ்ச்சிக்கு அழகு ஈகை தமிழுக்கு அழகு எளிமை அழகோ அழகு என் கவிதையோ அழகு

> **மா.வி ஜயலட்சுமி** தமிழ் ஆசிரியை

### **ின்னை**

உன்னைப் போல் ஓர் உருவம் வாழ்வில் மறக்காது உன் குரல் எப்பொழுதும் ஒலித்த வண்ணம் இருக்கிறது உன் நடை என் தோற்றத்தில் அன்பாய் ஆறுதல் தந்து அனைத்திட்ட உன் கரத்தினை ஆறத்தழுவத் தேடுகிறேன் காணாமல் வாடுகிறேன் சுமதி எஸ்தர்

### **இயற்**கை

உருட்டுகிறாய் மிரட்டுகிறாய் பயமாயிருக்கிறது உன்னை நினைத்தாலே நாங்கள் உன்னை மிரட்டியதால் இன்று நீ மிரட்டுகிறாயோ -சுமதி எஸ்தர்



# TEACHERS' CORNER



**மனோஜ் குமார்.ஜி** ஓவிய ஆசிரியர்

### வறுமை போக்கும்

கல்வி வசதி படைத்தவர்கள் அங்கு அடிக்கொண்டு இருக்கையில் வறுமை படைத்தவர்கள் இங்கு வாடிக் கொண்டிருக்கிறார்கள் எந்த அழிப்பான் கொண்டும் அழிக்க முடியவில்லை இந்த வறுமை என்னும் கோட்டை கோட்டை அழிக்க கொண்டு வந்தேன் ஒர் ஆயுதம் அவள் ஆயுதத்தைக் கொண்டு அகிலத்தையும் வெல்ல முடியும் வறுமையின் நிழலைக்கூட காணாமல் உன்னையும் வானத்தின் உச்சிக்கு கொண்டு செல்லும் அந்த ஆயுதத்தின் பெயரோ கல்வி நித்தம் கல்வியை கற்போம் சத்தம் இன்றி சரித்திரம் படைப்போம்

> **ரா.நித்யா** தமிழ் ஆசிரியை

### முயற்சி

வாழ்க்கையில் நமக்கு இரண்டு வாய்ப்புகள் உள்ளன ஒன்று மாற்ற முடியாதவற்றை ஏற்றுக் கொள்வது மற்றொன்று ஏற்றுக்கொள்ள முடியாதவற்றை மாற்றிக் காட்டுவது எதுவென்று முடிவு செய் வெற்றியை பயிர் செய்

#### நூலகம்

சாதனை புரிய ஆசைப்படுபவன் புத்தகங்களுடன் இருப்பான் சாதனை புரிந்தவன் புத்தகத்தில் இருப்பான் ச**.சிருண்** 

பள்ளி நூலகர்



# TEACHERS' CORNER

### அம்மா

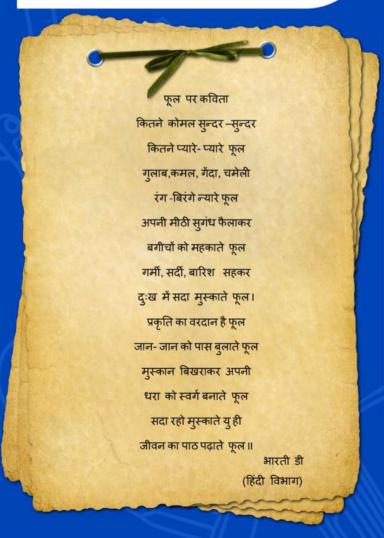
வெயிலில் காணும் வெளிச்சம்
சுவையானது அம்மாவின் கருவில்
இருக்கும் இருட்டு சுகமானது
வாழ்வில் கிடைக்குமா அந்த வரம்
என்ன செய்ய வேண்டும் தவம்
மீண்டும் ஒரு வாய்ப்பு கிடைத்தால்
விரும்புகிறேன் அம்மாவின்
கருவறையில்

-அ.ஜ.சம்சத் பேகம்

### வாழ்க்கை

வாழ்க்கை என்பது நம் நிழல் மாதிரி பிடிக்க முடியாது ஆனால் படிக்க முடியும் எப்படி வாழ வேண்டும் என்று கற்றுத் தரும் அருமையான புத்தகம் இது உணர்ந்து கற்றுக் கொள்ளுங்கள்

-அ.ஜ.சம்சத் பேகம்





- அஃபீஜாபீ.பா

### YOUNG AUTHORS









#### SOUTH ZONAL LEVEL COMPETITIONS

Name of the Student Event Position Place Held 1 Ananth.A Rifle Shooting Dindugal 2 Dheepika.T Niranjan . S Roller Skating Tanjore 3 Lingesshwar.T Sreenallasiva.M Rakshan Kumar, R Harshan Kumar M Chess Chennai Tamizhventhan G S Tamizharasan, G.S. Tamizhselvam, G.S

#### NATIONAL LEVEL COMPETITIONS

Deepak. V. B Naveen.T

Name of the Student Event Position lace Held 1 Ananth.A Rifle Shooting



## The 66th National School Shooting Competition was held in Delhi from June 6–12. Grade X student, ANANTH.A, of our school participated and received a participated.





#### **CHESS TOURNAMENT**

First National Level Chess Competition was conducted from June 23 to 25, which was hosted by Amalorpavam School in Puducherry, our children of Grade III to IX carried home an abundance of medals and diplomas.





#### COMPETITIONS

Written expression cultivates and enhances critical thinking, while imaginative thought processes facilitate idea organisation and enhance communicative skills. At GPS Kirumampakkam on Students Day, Shree Krishna Kowsic and Jeevamithra from MVM Pondy participated in an essay writing competition. One of our pupils, Jeevamithra, came in third place. Many students from the Maharishi Vidya Mandir in Puducherry attended the yoga competition. Janane got picked to compete in a yoga competition at the national level.



#### ZONAL LEVEL CHESS TOURNAMENT

The ZONE-III Chess Competition was held at MVM School this academic year. For the under-14 and under-17 divisions, 35 schools from throughout Pondicherry (Bahour, Nettapakkam, Ariyamkuppam) registered. There is a chess tournament for pupils from different schools. It was decided to send seven MVM students to the state competition. It's a strategy game that fosters mental and cognitive growth. It improves patience and helps to solve everyday issues. It is a privilege for the MVM School to host the 2023 ZONAL LEVEL CHESS Tournaments. Our gifted contestants showcased their abilities and sportsmanship in this furious match of wits.



#### NATIONAL SHOOTING COMPETITION

In the South Zone match, which took place in Trivandrum, Ananth was selected to go to the next round of the National Shooting Competition. August 20, 2023 Fourteen boys played in shuttle and badminton in Zone 3. (24 and 28 August, 2023) Under 14 and 17 (boys) zonal badminton competition was attended by our kids. August 30, and August 31, 2023.



#### SOUTH ZONE - 1 YOGA COMPETITION (2023-24)

"Yoga is a mirror to see ourselves from the inside out."

Yoga simultaneously balances the mind and body. It reduces academic stress and enhances memory and focus, three qualities that are critical for success. Yoga, the art of self-realization, uses our innate strength and freedom to propel us to new heights. It's the path to reaching our greatest potential and discovering all of the abilities that our body, mind, and soul are capable of.

On October 20, 2023, our MVM students took part in the South Zone – I YOGA competition (2023–24) held at Akshara Vidya Mandir–Vilvakulam by the CBSE. Five of our kids enthusiastically and passionately competed at the national level. Janane, of grade X participated and secured tenth place in the competition.



#### CBSE CHESS OCT 21, 2023 TOURNAMENT SOUTH (ZONE-1)

"Chess is the art of analysis."

A chess tournament was held in Andhra Pradesh from October 16–18. In this event, around 100 CBSE schools participated. Out of the 86 schools that competed in the tournament, the under-14 students of our school were placed 10th out of 82, while our under-17 students placed 23rd. As they were introduced to the vast realm of chess, both teams gained a great deal of knowledge from the event. The kids performed a fantastic job. We wish these young athletes continued achievement in the sports they have chosen and congratulate them on their incredible accomplishment.





ZONE III ATHLETIC competition organized by GHSS, Thavalakuppam. ATHLET-IC competition was held with great zeal and enthusiasm.

Our students showed tremendous performance



### FIELD INDOOR ARCHERY EVALUATION CAMP-2023 OCT 29.

A great archer's aim is more important than their arrows. The beginning of the archery journey is the urge to shoot a bow and watch our arrows soar.

"Whether you are an experienced archer or just starting out, archery will give you something that is practically hard to find elsewhere."

The ARCHERY tournament of the VIJAYRAJA ACADEMY OF YOGA AND MAR-TIAL ARTS took place at ST. Joseph's College of Arts & Science in Cuddalore on October 29. There was a lot of passion and excitement surrounding the archery tournament. Our kids performed exceptionally well, earning medals and certificates in the course of their efforts.

#### Zonal Level Skating Competition (2023-24) - November 21st

"Roller skating is not only a sport but also an excellent art form"

The Department of Education hosted a Skating Competition at A.J School in 2023-24, in which our MVM students competed and brought home medals.

Six of our pupils took part with a lot of fervour and excitement.

In the inline skating competition, Dheepika of Grade VIII won three gold medals, Ritul Jain of Grade VIII won two silver medals, Anusri of Grade VIII and Srihari of Grade VI shared a bronze medal, and Pavalamozhi of Grade VII won a gold and one silver medal. We are delighted to be able to provide a selection of event images

Medals and certificates were awarded to students who got ranked first in a variety of categories. Go, Skaters! Keep going!



#### YOGA COMPETITON

As a useful tool for fostering in children self-control, awareness of their bodies, and physical fitness, yoga has been included into school curricula.

The National School Game Yogasana Championship 2023 was held at the Moral Vidya Mandir in Korkadu on November 29, 2023. First place was taken by Aruna Arulvizhi, Ishetha, Deepika, Logesh, Tamilventhan, and Lingeshwaran. Additionally, our school placed first in the group competition. Greetings and congratulations to the winners.



The achievement of our students in the zonal-level Yoga competition is truly commendable. Their hard work and dedication have paid off, and we are pleased to see them earn 1st prize 🏆. Their exceptional performance has earned them a place in the National level competition, which is a testament to their perseverance and excellence. We extend our congratulations and look forward to their conti Kudos









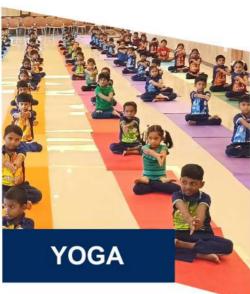






### **EXTRA CURRICULAR**

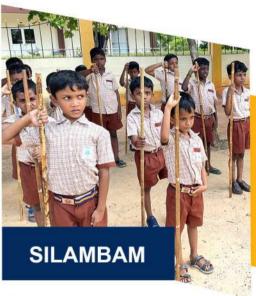




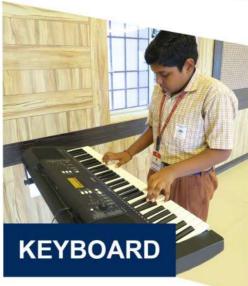




















During meditation the mind reaches the state of transcendental consciousness and becomes free from any shadow of relativity. It attains to its real status of cosmic existence, unstained by any shadow of ignorance. This is the purified state of the mind, which is completely free from the influence of sin. Having attained it, the mind gains the status of universal being so perfectly that, on returning to the field of relativity, it brings contentment into whole realm of thought, speech and action. This quite naturally makes a man's behaviour righteous in every aspect of life, and as a result he attains to the worlds of the righteous, which are said to comprise different planes of existence above the human.

Chapter VI,page:340
H.H.Maharishi Mahesh Yogi
Age of Enlightenment Publication, 1967



# MAHARISHI VIDYA MANDIR BALA BHAVAN

(A UNIT OF CHENNAI MAHARISHI VIDYA MANDIR GROUP OF SCHOOLS)





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